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VOLUME 23, NUMBER 68

WEDNESDAY, AUGUST 25, 1999

FIFTY CENTS

## Biffle takes last GIR race

20,000 area fans witness NASCAR Ram Tough 200

By Michael Heil  
Staff writer

Most of an estimated 20,000 racing fans attending Friday night's Craftsman Truck series race and extend his points lead in the series.

**MADISON**  
Biffle, 29, of Vancouver, Wash., said he was standing in the winner's circle because of his team's efforts.

Dealers Ram Tough 200, presented by Pepsi-Cola, at Gateway International Raceway in Madison were hoping to see hometown driver Mike Wallace's truck streak across the finish line first.

Instead, they saw Greg

Biffle's Grainger Ford flash ahead of 31 other trucks to win the 160-lap NASCAR Craftsman Truck series race and extend his points lead in the series.

Biffle, 29, of Vancouver, Wash., said he was standing in the winner's circle because of his team's efforts.

"This win belongs to my crew. They made great adjustments at the end and got me track position at the same time," Biffle said as a grandiose fireworks display lit up the night sky on the south



Tim Stephenson photo  
Rob Morgan, 46, slides along the Turn 3 wall at Gateway International Raceway during Friday night's NASCAR Ram Tough 200 Craftsman Truck Series race. Going by Morgan is Randy Toisma.

Sprague with six races left. Wallace, meanwhile, a native of of Arnold, Mo., hit the outside wall on lap 98 of the 125-mile oval. He was able to gain control of his truck and squeeze out a fifth-place finish,

allowing him to jump from sixth to fifth place in the points standings.

"I moved up a bit, which is important. But I assure you

See RAM TOUGH, Page 7A

## Board closing homes

New county facility slated in three years

By Sanford J. Schmidt  
Staff writer

**MADISON COUNTY**  
The long struggle to close the Madison County Nursing

See HOMES, Page 7A



All-time Cardinal great Lou Brock will be honored before Sunday night's Cardinals-Atlanta Braves game with the unveiling of a statue in his honor.

## New statue honors ONB chair Brock

Unveiling scheduled Sunday night

By Nancy L. Ide  
Staff writer

Lou Brock is headed for another record.

No, the former St. Louis

**OLD NEWSBOYS**  
DAY 1999

Cardinals outfielder doesn't plan to don a Cardinals uniform or attempt to steal base No. 939.

Instead, Brock, a Baseball Hall of Famer who retired from the Cardinals 20 years ago, will be honored in a series of "record-breaking" celebrations in the next few weeks. The events will feature highlights of his illustrious baseball career.

The celebrations include the unveiling of a Lou Brock statue at Busch Stadium on

See BROCK, Page 8A

## Where do we go now?



John Swistak Jr. photo

A juvenile defendant at the Madison County Juvenile Detention Home looks over a pamphlet while awaiting the disposition of his case. Despite an ever-decreasing crime rate, more and more serious crimes are being committed by those who would normally face only the juvenile justice system. Both Metro East police departments and county prosecutors are taking a tougher line towards these offenders, however, in an effort to redirect young people's lives. Full details can be found in The Big Picture, Page 6A.

## Granite City lawyer still in running for judgeship

Assistant state's attorney fails to get enough votes, eliminated from race

By Dennis Grubaugh  
Staff writer

A former judge and a Granite City lawyer remain in the running for a vacant associate judgeship

**MADISON COUNTY**

in the 3rd Judicial Circuit, but a third challenger has been eliminated, court officials announced Friday.

The results of a runoff election for the judgeship in Madison County Circuit Court showed that Duane Bailey of Alton, an assistant in the

State's Attorney's Office, did not receive sufficient votes to stay in the running.

However, Bailey received enough votes to force another runoff between the two remaining candidates, former Associate Judge Michael Meehan of Edwardsville and

Granite City attorney Clarence Harrison II.

One candidate needed a clear majority of the nine circuit judges to be declared a winner.

That means Bailey received

See ELECTION, Page 6A

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Day	High	Low
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Thursday	87	72
Friday	86	69
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## Granite City Journal

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## New school law provides additional safety measures

Hoffman: We hope to prevent another Columbine

By Jennifer Saxton  
Staff writer

Following the Columbine High School tragedy, governing officials are taking steps to help reduce the chances of a similar event.

**METRO EAST** In Illinois, an Education Safety Law was recently signed by Gov. George Ryan, adding four new safety measures to help provide security in schools and prevent violence.

State Rep. Jay Hoffman (D-Collinsville), along with the Education Safety Task Force, were responsible for developing the provisions.

Hoffman said he hopes with the new law, school violence will be prevented. The first provision is the creation of a school safety assessment audit. An audit will be developed and distributed to schools throughout the state by the Board of Education. A written safety plan will then be

developed after each school completes the safety audit. Students are taught to be prepared for fires and tornadoes throughout the year; they should also be prepared in case of a tragedy involving violent students, Hoffman said.

The Task Force on School Safety is the next provision created in the new law. Members of the Task Force will include House and Senate members, teachers, school superintendents, principals and law enforcement officials.

Their goal will be to make recommendations on current school safety programs offered in schools, along with alternative programs. "This newly-created Task Force will help to streamline, centralize and coordinate school safety resources and programs for local school districts," Hoffman said. Another provision creates teachers' institutes. These institutes will provide training in areas such as peer counseling programs and

conflict resolution programs. Some programs are geared towards preventing at-risk students from committing violent acts.

Currently, within 24 hours, the police must be notified of any firearm or drug activity in the schools. Under the new law, the police are to be notified immediately by school officials.

"This is half the problem in Illinois," Hoffman said. "No provision has ever been created to report violent incidents in schools."

With the upcoming school year about to begin, this law was created in order to help everyone feel safer, as well as for the children to better perform their jobs as students without having to worry about their safety at the same time.

"We wish we could pass legislation to stop these tragedies from happening, but these measures may hopefully prevent some of them from happening," Hoffman said.

## Two Granite City men arrested on drug charges after high-speed chase

By Kerry Smith  
Staff writer

A high-speed chase around Hartford and Wood River recently resulted in drug charges against two Granite City men.

**MADISON COUNTY** Eric R. Loftus, 21, of the 2100 block of Northland Avenue in Granite City, and his passenger, Kevin W. Champion, 22, of the 2200 block of Illinois Avenue, were arrested Aug. 15 and charged with multiple misdemeanor counts pertaining to the unlawful possession of cannabis.

Hartford Police Officer Gary Turner attempted to stop Loftus for speeding 58 mph in a 55 mph zone northbound on Illinois Route 3 in Hartford. Hartford Officer in Charge Jim Riley said Loftus refused to stop, initiating a chase that ended when Loftus' car got caught in traffic at the intersection of Illinois Route 3 and Route 143.

Speeding, however, was only the beginning of Loftus' problems, Riley said. As Officer Turner approached the car, he smelled a strong odor of burning marijuana, said Riley. He asked Loftus about it, at which point the driver said his passenger had just

swallowed some marijuana cigarettes and washed them down with Mountain Dew. As Loftus exited the vehicle, Turner found a bag of what was later verified to be cannabis under the driver's seat. Turner discovered a second bag of cannabis under

the passenger's seat. Both Loftus and Champion were charged with unlawful possession of cannabis. Turner said Loftus was also charged with fleeing and attempting to elude a police officer, speeding and improper lane usage.

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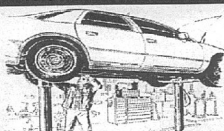
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## Madison schools receiving musical equipment grant

Cable network's foundation supplying \$25K

By Scott Cousins  
Staff writer

The Madison School District will receive a \$25,000 grant to purchase musical equipment.

**MADISON** Gary Allison, Madison school superintendent, told the board that the district has received a Save the Music Foundation grant that will provide about \$25,000 worth of musical keyboards to develop an instrumental music program beginning in

The Madison School District is receiving \$25,000 from the Save the Music Foundation to purchase keyboards to develop an instrumental music program beginning with sixth grade.

the sixth grade. Save the Music is a program which was started by the cable television music network VH1 (which is available on Charter Communications-Illinois subscribers throughout the Tri-Cities) to promote music education programs in public schools.

The district is also submitting a cooperative grant with Chestnut Health Systems for a TEEN REACH program. If funded, it would provide after-school, Saturday and summer school activities for sixth- and seventh-grade students.

The district has also received grant applications for up to \$50,000 for building maintenance. Allison said the district will attempt to obtain two grants, one for window replacement on the west and north sides of

Madison High School and a second to replace windows on the east and south side of the school.

A final decision on the district's application of the funds is not expected for several months, and if approved, work would probably be done in the summer.

In other business, the board approved a 5 percent raise for employees not covered by bargaining units. That includes about 10 people — secretaries and administrators — who work for district schools. The raises are similar to those approved for teachers and other staff members.

Allison said the board is also requesting one more meeting with representatives of the district's service workers to iron out a minor point in the new contract.

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## News

## Police Blotter

## Venice Police

• **BURGLARY:** A burglary was reported in the 1300 block of Klein Street at about 12:30 a.m. Thursday. According to reports, an officer on patrol was stopped by a man who said the door of his sister's apartment was open.

Nobody was found inside the house. The front door had been kicked in.

The brother said it appeared that a television, VCR and video game system had been taken.

• **OFFICER INJURED:** A Venice police officer received cuts on his face while attempting to subdue a 16-year-old girl who was involved in a fight in Madison.

The officer was treated and released at St. Elizabeth Medical Center in Granite City.

According to reports, at about 6:15 p.m. Saturday, Venice officers responded to a request for assistance by Madison police at the Garces Apartments.

As one of the Madison officers attempted to arrest Barbara A. Montgomery, 46, of the 1600 block of Market, Madison, the 16-year-old

attempted to interfere and the Venice officer told her to step away.

She refused and the officer attempted to place her under arrest, but the girl struck him in the head, knocking off his glasses and cutting him.

Both the girl and Montgomery were taken into custody. Montgomery was charged with misdemeanor assault, criminal trespass and obstructing an officer.

Charges against the girl were not known.

• **FIGHTING:** An 18-year-old Venice woman was taken to St. Elizabeth Medical Center late Friday after being injured with a fight involving three sisters.

The fight apparently started over rumors the woman had allegedly been spreading about one of the sisters.

According to police, officers responded to a report of a fight in the 1000 block of Third Street at about 9 p.m. Friday.

When officers arrived, they found a large crowd that was breaking up. Several men told police that three sisters had been fighting with the victim, who was bleeding from a head wound.

The father of the three said he had broken up the fight and sent them home.

The victim told police that she had been visiting a friend when the three walked by. They came back and an argument developed. Then one of the sisters — a 12-year-old — allegedly threw a padlock at the victim, then another sister started fighting with her.

## Madison Police

• **DRUG COMPLAINT:** An officer was flagged down Sunday morning by a man worried about catching a disease from alleged prostitutes using the communal bathroom in his apartment building.

The man complained that about a dozen people have been using crack in an apartment in the 1200 block of Madison Avenue and that he was afraid of catching a disease from them in the shared bathroom.

The manager of the apartment building told police he would sign criminal complaints against the women if they returned.

The report listed 15 women ages 21-44, most with extensive histories of local drug or prostitution arrests.

## Humane Society water line springs leak

By Sanford J. Schmidt  
Staff writer

The Madison County Humane Society is planning to build a backup water supply line after its new connection to the water main sprung a leak.

**MADISON COUNTY** The shelter is operating with a temporary connection until the repairs are complete, said Susan Haddad, the business manager of the shelter.

The shelter is looking to raise about \$6,700 — the amount needed to connect to a

cistern. Haddad said the shelter was loaned hoses that connected to the nearby Madison County

Animal Control Department. The hoses supplied water until a temporary reconnection was put in place.

She said something went wrong with the new connection to the water main, and the contractor has agreed to make good on the problem.

The dogs and cats housed at the shelter have not been without water, Haddad said. "We're doing fine, but it's

probably going to take about two days before we are connected to the main again," she said Monday.

The broken line was discovered Friday morning when employees discovered that the parking lot was wet.

Donations may be made to the Metro East Humane Society, P.O. Box 1, Edwardsville, 62025. The shelter is on Marine Road.

## Venice council holding special meeting tonight

The Venice City Council will hold a special business meeting at 6 p.m. today, Wednesday, to discuss an easement agreement for a fiber-optic cable line in the city.

American Fibercam is seeking an easement to allow the construction of a fiber-optic cable through the city.

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## Obituaries

## Mildred Branding

MILDRED M. (STOEBER) BRANDING, 93, of Granite City, died at 6:20 p.m. Tuesday, Aug. 10, 1999, at Anderson Hospital in Maryville.

She was born March 29, 1906, in Edwardsville. Mrs. Branding was a member of St. Peter United Church of Christ in Granite City, Quilters Evening Guild and Elletts Bridge Club.

She is survived by many nieces, nephews, great-nieces and great-nephews.

She was preceded in death by her husband, Elmer W. Branding, whom she married on Jan. 11, 1927; her parents, August and Caroline (Bederman) Stegemeyer; three sisters, Ruth Stegemeyer, Caroline Serfas and Gladys Hills; and two brothers, George Stegemeyer and Edward Stegemeyer.

Funeral services were held Saturday, Aug. 15, at Irwin Chapel in Granite City, with the Rev. James McGary officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to St. John United Church of Christ.

**George Charlton**, 84, of Alhambra, died at 2:15 p.m. Saturday, Aug. 21, 1999, at St. Joseph's Hospital in Highland.

He was born May 26, 1915, in Dover, Tenn. Mr. Charlton was retired from AFB Trucking as a driver and also worked for Granite City Steel. He was a member of St. Luke's Methodist Church in Mary-

ville. He is survived by his wife, Marie Carbaugh Charlton, whom he married May 14, 1936.

Other survivors include two daughters, Marcia Koenig of Edwardsville and Sharon Bossett of Collinsville; three sisters, Ruby Jane of Carlyle and Sylvia Edwards and Dorothy Taylor, both of Granite City; five grandchildren; and four great-grandchildren.

He was preceded in death by his parents, William and Annie Mae (Chandler) Charlton; a brother, George Charlton; and a sister, Grace Robinson.

Funeral services were held Tuesday, Aug. 22, at St. Luke's Methodist Church, with the Rev. Tom Goodell officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Harr Funeral Home in Collinsville handled the arrangements.

Memorials may be made to St. Luke's Methodist Church.

**Rozella Lee (Barry) Lee**, 84, of Moro, died at 1:45 p.m. Saturday, Aug. 21, 1999, at St. Elizabeth Medical Center in Granite City.

She was born April 16, 1915, in Chicago. Mrs. Lee was a store clerk for Sears and was a member of Our Lady Queen of Peace Catholic Church in Bethalto, Moro Women's Club and was a volunteer at St. Anthony's Hospital in Alton.

She is survived by her husband, William T. Lee, a daughter, Marjorie Grodzinski of Granite City, a son, Jeff Lee of Collinsville, a sister, Miriam Flatley of Chicago, five grandchildren, and five great-grandchildren.

She was preceded in death by her parents, George and Lillian (Williamson) Barry, and four sons, Robert Lee, William Lee, Barry Lee and Donald Lee.

Funeral services were held Tuesday, Aug. 24, at Our Lady Queen of Peace Catholic Church, with the Rev. Kevin Sullivan officiating. Burial was in Rose Lawn Cemetery in Bethalto.

Memorials may be made in the form of Masses.

**Donald L. Marlette**, 64, of Granite City, died at 8 p.m. Saturday, Aug. 21, 1999, at his residence.

He was born Dec. 4, 1934, in Poplar Bluff, Mo. Mr. Marlette was a U.S. Marine Corps veteran. He retired as chief officer in 1957 from Granite City Steel, where he had worked for 44 years. He was a member of Granite City Masonic Lodge 877, Shriner, Rolling Nobles, AMVETS and Veterans of Foreign Wars.

He married the former Velda Ballard on June 20, 1959. She survives.

Other survivors include his mother, Ida D. (Agnes) Marlette; two daughters, Toni Toennes of Collinsville and Sandy Marlette of Granite City; three brothers, Louie Marlette and Larry Marlette, both of Granite City; and Thomas Marlette of West Virginia; three sisters, Betty Sieck, Laverne Hammond and Patsy Nater, all of Granite City; and five grandchildren.

He was preceded in death by his father, Thomas M. Marlette; a son, Joseph Marlette; and two brothers, Billy Joe Marlette and James Marlette.

Funeral services were held Monday, Aug. 23, at Mother of Perpetual Help Church in Maryville, with the Rev. Jeff Holtman officiating. Burial was in Jefferson Barracks National Cemetery in St. Louis.

Warner-Mick Funeral Home in Granite City handled the arrangements.

Memorials may be made to the Juvenile Diabetes Foundation.

**Antoinette Metz-Daech**, 76, of Granite City, died at 3:59 p.m. Monday, Aug. 16, 1999, at the bank at 344-2000.

Any donation will be appreciated. Nancy said without these facilities, which are expected to cost \$38,000, Michael will be totally dependent on others for the rest of his life. For further information on the fund, call the bank at 344-2000.

Funeral services were held Tuesday, Aug. 24, at Irwin Chapel in Granite City, with the Rev. Archie Strong officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to Shriners Hospital for Children or to Hospice of Madison County.

**Leo Mesnier Jr.**, 54, of Maryville, died at 2:30 p.m. Thursday, Aug. 19, 1999, at Anderson Hospital in Maryville.

He was born May 31, 1945, in St. Louis. Mr. Mesnier was a supervisor for McDonnell Douglas, retiring in 1995, after 32 years. He was a member of Mother of Perpetual Help Church in Maryville and Knights of Columbus Council No. 6625, also in Maryville.

He is survived by his wife, Donna (Lukash) Mesnier; a son, Michael Mesnier of Maryville; three daughters, Sharon Parton of Troy, Cathy Norred of Collinsville and Debra Mesnier of Maryville; and two grandsons, Nathan and Colin Norred of Collinsville.

He was preceded in death by his parents, Leo George and Florence (Brown) Mesnier; and a sister, Margaret Parton.

Funeral services were held Monday, Aug. 23, at Mother of Perpetual Help Church in Maryville, with the Rev. Jeff Holtman officiating. Burial was in Jefferson Barracks National Cemetery in St. Louis.

Warner-Mick Funeral Home in Granite City handled the arrangements.

Memorials may be made to the Juvenile Diabetes Foundation.

**Antoinette Metz-Daech**, 76, of Granite City, died at 3:59 p.m. Monday, Aug. 16, 1999, at the bank at 344-2000.

## Collinsville Care Center.

She was born March 6, 1921, in Granite City. She worked at St. Elizabeth Medical Center in Granite City.

She is survived by a son, Edward Daech of Granite City; a sister, Christine Padgett of Granite City; and a grandson, Edward Daech Jr. of St. Louis.

She was preceded in death by her husband, Walter Daech; her parents, Michael and Rose (Ballo) Petrillo; and two brothers, Nick and Albert Petrillo.

Funeral services were held Tuesday, Aug. 19, at Irwin Chapel in Granite City, with the Rev. Roy Boyer officiating. Burial was in Calvary Cemetery in Glen Carbon.

**Lee Pierson Jr.**, 40, of Granite City, died at 6:45 p.m. Wednesday, Aug. 18, 1999, at Sunrise Care Center in Springfield, Mo.

He was born May 13, 1959, in Granite City. Mr. Pierson was a construction laborer for various contractors in the Granite City area. He was a member of Second Baptist Church.

He is survived by his parents, Gordon Lee and Lorene (Laswell) Pierson Sr.; a sister, Karen Pierson of Springfield, Mo.; and five brothers.

Funeral services were held Tuesday, Aug. 24, at Irwin Chapel in Granite City, with the Rev. James Hays officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to Namecki United Methodist Church.

Funeral services were held Tuesday, Aug. 24, at Irwin Chapel in Granite City, with the Rev. James Hays officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to Namecki United Methodist Church.

ers, Chris Pierson of St. Louis, John Pierson of Granite City, Scott Pierson and Dean Pierson, both of Colorado, and Kevin Pierson of Springfield, Mo.

Gravestone services were held Monday, Aug. 23, at McKendree Chapel Cemetery in Kaysport.

Memorials may be made to G. Lee Pierson Jr. Trust Fund for Spinal Cord Injuries, c/o First Collinsville Bank, 800 Belt Line Road, Box 809, Collinsville, 62234, or the American Diabetes Association.

**Effie Vrenick**, 54, of Granite City, died at 3:05 a.m. Saturday, Aug. 21, 1999, at Madison County Nursing Home in Edwardsville.

She was born July 31, 1905, in Ava, Mo. Mrs. Vrenick was a member of Namecki United Methodist Church in Granite City.

She is survived by a son, Ted Vrenick of Granite City; two brothers, Theodore Davis of Collinsville and James Davis of Granite City; three grandchildren; and five great-grandchildren.

She was preceded in death by her husband, Joseph Vrenick; her parents, John and Elizabeth (Holman) Davis; four brothers; and four sisters.

Funeral services were held Tuesday, Aug. 24, at Irwin Chapel in Granite City, with the Rev. James Hays officiating. Burial was in Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to Namecki United Methodist Church.

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Memorials may be made to Namecki United Methodist Church.

## Collinsville youth suffers from muscular dystrophy

By Val McDowell  
Staff writer

Nancy and Gary Lorentzen of Collinsville are turning to the public to get assistance for their son Michael.

They took custody of Michael, age 9, in 1994 when they became his foster parents. They legally adopted him in 1997.

Michael was diagnosed in 1996 with a debilitating illness called, Duchenne muscular dystrophy, which is caused by a missing X chromosome and a protein called dystrophin.

Effects of the illness include loss of mobility, and as the body weakens, the loss of life. Only males are diagnosed with the illness, but it is passed on through the female parent.

Michael recently lost the use of his legs, and has to be carried from the downstairs to the family living quarters upstairs on a routine basis.

The Lorentzens have three adopted children, Michael's two younger sisters, Rosanna, 8, and Tacy, 3.

Each had been diagnosed with fetal alcohol syndrome and attention deficit hyperactivity disorder.

Nancy said she and her husband have dedicated their lives to the foster care and/or adoption of children with

special needs. Gary works at Motor Coils in St. Louis and Nancy is a homemaker, and has recently began to conduct workshops on the public to get assistance for their son Michael.

She also serves as an educational surrogate parent. Nancy said Michael needs constant assistance for the most simple and routine of tasks, including restroom use and showers.

His days begin and end the same way, with a stretching of the legs, a process that takes approximately 15 minutes.

The Lorentzens have established a benefit fund for Michael with the help of Collinsville's Union Planter's Bank.

Because the wheelchair Michael uses does not fit through the front door, and it is becoming increasingly difficult to transport him from downstairs to the upstairs, the family wants to build an accessible bathroom and joining bedroom, which is what the funds sent to the bank will be used for.

"We expect that he'll be getting an electric wheelchair by the end of the month, but we need the additions very quickly, as soon as possible," Nancy said.

To donate to the fund, send a check or money order to Union Planter's Bank at 1 Eastport Plaza Drive, Collinsville, 62234.

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# Establish dialog with your child about school issues

Returning to school this fall will rekindle the fears caused by the Littleton, Colo., massacre.

Parents should anticipate concerns children have about personal safety and address the issues directly.

Begin by opening the door for your child to talk. Tell your

child that the beginning of the school year has caused you to think about the horrible Littleton event.

After using yourself as an example of how people have ongoing reactions to a frightful tragedy, ask your child whether she or he has been thinking about these issues.

What are your child's thoughts and feelings? Does your child remember the plans you made last spring for her or his personal safety? Your questions may stir up problems rather than resolve them. Don't be concerned. The issues are there, and the best thing parents can do is give their

children an opportunity to voice their concerns.

Speak calmly and matter-of-factly when you talk to your child. Reassure only after your child feels listened to.

Broaden the conversation. Inquire about bullying, verbal abuse and outlandish behaviors.

Is your child concerned about things she or he sees happen to other children? Review the plans you previously made with your child about being safe at school. Identify teachers your child would feel comfortable confiding in about personal concerns. Discuss specific

plans about how to behave when threatened.

Establish an ongoing dialogue with your child about school issues. A one-time discussion is not enough for something so important and changeable. Checking with your child at the end of each school day is a good practice.

Update yourself on the school's safety procedures. Is your child clear about what to do? Are you satisfied with the school's efforts? Do you have suggestions? How effectively do school officials address the needs of troubled students? Is discipline consistent and firm?

If you have concerns, visit the school and observe how students behave in the hallways, commons and classrooms.

Are students respectful of each other? Is there tension between groups of students? How vigilant and involved are the adult supervisors?

Don't hesitate to discuss observations and concerns with other responsible parents.

Make appointments to meet your child's counselor and teachers to share information about your child and listen to any concerns they may have about safety or other issues.

For many children, Littleton isn't over.

It has become a personal nightmare symbolizing their worst fears.

Parents who address these issues directly can do a lot to help their children cope and better insure their children's safety.

Dennis O'Brien is a licensed clinical social worker, experienced educator and therapist, and executive director of Zink the Zebra Foundation of St. Louis, an organization serving medically fragile children.

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# The Big Picture

## Mounting a coordinated attack on

# JUVENILE CRIME

By Curtiss A. Hartley  
Staff writer

It's a romantic image of the tough guy James Dean, leaning defiantly against his motorcycle, a smoldering cigarette dangling from his sneering lips.

But there's nothing romantic about the young person who gets caught up in juvenile crime. Officials agree that the types of crimes being committed by young offenders are more serious than those of a decade or two ago.

Communities in the Metro East are making great strides to combat juvenile crime, and they include getting tougher on the offenders, as well as working to ensure that offenders get the educational and social support they need to keep them from reoffending.

St. Clair County's model SHOCAP seems to be taking a huge bite out of juvenile crime.

The acronym stands for Serious Habitual Offender Comprehensive Action Program. It was started in 1994, with 12 local organizations.

Sgt. Jim Dahm, of the juvenile division in the Belleville Police Department said that 71 organizations are working together to bring the rate of juvenile crime down in St. Clair County.

Dahm said that police departments, social service agencies, the criminal justice system and school systems are all involved in the coordinated effort to attack the problem.

"Unless a child is in SHOCAP, agencies can't share information," Dahm said. "But once they're in the program, information on juvenile offenders can be shared with every police department, and we can also get the schools involved," he said.

For instance, Dahm said, if a known offender in the program steals even \$5 from another student at school, the police can be brought in. Before SHOCAP, the issue would have been dealt with simply as a discipline problem in the school.

The coordinated efforts are working, according to Dahm. Statistics for 1996 through 1998 show that serious habitual offenders were involved on average, in slightly less than six percent of the delinquent contacts made by the Belleville Police Department.

But those same offenders were responsible for 30 percent of all the felonies committed by juveniles.

## Communities throughout the Metro East are pooling resources to reach out to habitual youth offenders

ted by juveniles.

Since SHOCAP was put in place, repeat offenses by juveniles has dropped dramatically. Prior to the program the habitual offenders committed crimes an average of six times per year. However, once those juveniles were enrolled in the program, 88 percent of them did not commit another felony or misdemeanor, according to SHOCAP records.

Dahm said he got the idea for SHOCAP from a television program focusing on a similar one in California. He requested information on California's program, and then got the backing of the Belleville Police Department to initiate the program in St. Clair County.

To be considered a serious habitual offender, a juvenile in St. Clair County must already be involved in the county's juvenile justice system, having been judged guilty of juvenile crime, and on supervision or probation for such an offense.

The youth must also have had at least four police contacts for delinquency in the preceding 12 months, and acquired at least 35 points on the basis of the type of crime committed.

Dahm said that juvenile crime has been decreasing substantially in Belleville, and he attributes most of that to the four-year-old SHOCAP program.

From his experience, Dahm said, is that information on individual juvenile offenders was restricted by state statutes. So, it was impossible to identify habitual offenders,

since each instance of criminal activity was being handled as an isolated incident.

Sharing information between all the appropriate agencies gives them the opportunity to identify juveniles headed toward trouble, and hopefully head off a life of

For instance, what used to be minor infractions, like retail theft and curfew violations are now being prosecuted by the juvenile court systems, Maher said.

"There's more aggressive prosecutions," she said. "There's less of a tendency to

get involved in more serious criminal activity.

"There are armed robberies, bank robberies - significantly more serious cases. I think we see more cases (now) where kids get hurt," she said. "Sometimes weapons are involved, sometimes not, but there's no stopping point."

Where a fight would break out and it would have stopped before, and they would have said, "I won," they keep going, beating them until they can't fight back."

Maher wonders whether a matter of conscience is what's lacking. Drug use is part of the juvenile crime problem, as well. But Maher said it's different than what she assumed when she came to this job.

"It surprised me when I first came in. I kind of thought I would be dealing with a lot of possession

cases," she said. "But that's never been true. A lot of the crime is to get money to buy drugs. And we see a lot of kids who are actively dealing."

Many of them are being used by adult dealers because the punishment is less for juveniles, Maher said.

"Others are directly benefiting financially," she said. "Their families look the other way because it's a significant source of financing for the family. So they're at least condoning it. They just don't ask."

Maher thinks that young people today have too much free time. And unfortunately, she said, many parents just aren't around because either they work, or they just don't

care, so they're not paying attention. But, she still holds youths responsible for their own behavior.

"I think support of kids is one of the key components," she said. "We need to hold them accountable if we find them doing something wrong."

The problem is in the isolation of our community, she said. "Teachers, friends, neighbors - they don't want to get kids in trouble," she said. "That reinforces the bad behavior. I teach at the police academy, and one of the things I say is it's a whole lot better dealing with them now, in juvenile court, than waiting until they're 17, and dealing with them as an adult."

Maher shares Dahm's feeling that juvenile delinquents need to be treated as a whole person, dealing with all the young person's problems, not just the isolated crime.

"A kind of goal is, we don't want to see this kid again, and if we can get this kid now, we'll deal with it," she said.

"Once they're 17 or so and they've established a pattern, they're on their way to a prison commitment," she said. "I don't come in like I'm a friend. I have to be the prosecutor."

Maher has one suggestion to improve the juvenile justice system.

"The thing we could do would be to speed up the system," she said.

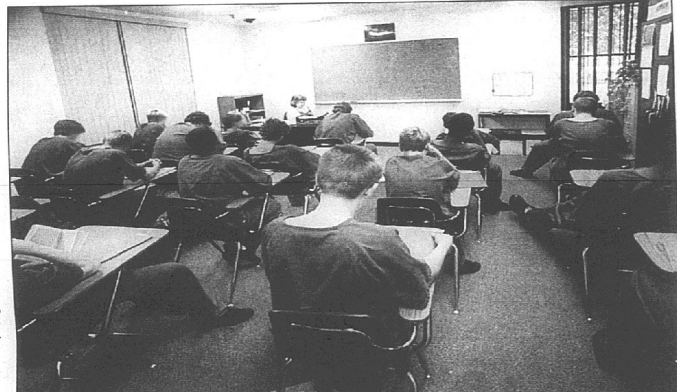
"Immediate consequences rather than delayed consequences, and that's the problem. We need to get them in front of a court and impress on them that it's not a game. Get them in front of a judge," she said.

In response to a new juvenile justice reform bill, which became a law earlier this year, Maher said that Madison County has formed a Juvenile Justice Council made up of judges, probation officers and other concerned citizens.

The council's task is to find, encourage and support grant applications within the county to attack the issues of juvenile crime.

Both St. Clair County and Madison County are making efforts to head off more serious crime by affecting young offenders before they establish themselves in a pattern of criminal behavior.

Officials from both counties agree that more involvement from the communities is key to their success.



Youths at the Madison County Detention Home in Edwardsville attend classes.

John Swistak Jr. photo

crime, Dahm said. One of the benefits of SHOCAP is that it has helped to develop a profile of the average juvenile delinquent.

In St. Clair County, it is usually a male child, 14 1/2-years-old, from a dysfunctional family, who has already committed a number of felonies, program records show.

The trend toward lower juvenile crime statistics is a contradiction, according to Madison County Assistant State's Attorney Amy Maher. Actually, the numbers have increased in her 10 years on the job.

"Our case load has pretty much doubled (in her time there)," Maher said. "One of the reasons is because we now try to address things earlier."

say, "Oh, they're just kids," and more of a tendency to say, "Let's get hold of them early."

Maher said that a lack of accountability adds to the problem. "There's a lot of blaming other people or things by kids, parents and everybody else," she said.

The types of juvenile crimes being committed are what concerns her. "Certainly in the last 10 years the level of crime has increased," she said. "There were always car burglars, and kids still do that. They're walking up and down the street, checking car doors, things like that."

But now, Maher said, juveniles are not at all reluctant to

say, "But that's never been true. A lot of the crime is to get money to buy drugs. And we see a lot of kids who are actively dealing."

Many of them are being used by adult dealers because the punishment is less for juveniles, Maher said.

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## A little direction makes a difference

By Curtiss A. Hartley  
Staff writer

The aimless teenager. Just the average teen - nothing to worry about or should we worry?

According to one man, who has dealt with juvenile offenders for the past 21 years, it spells trouble.

Steve Bowker, superintendent of Haller House, Madison County's juvenile detention center, sees a lot of aimless teenagers. "It is rare to have a teenager here who has a direction," he said.

Bowker's seen about 800 youths between the ages of 10 and 16 come through his center in Edwardsville this past year. The one common denominator is lack of direction.

But if he and his staff have anything to do with it, the juvenile delinquents who come through Haller House will at least be challenged to set goals for themselves.

"We really try to change behavior," Bowker said.

To that end, the detention

center adheres to a strict code where good behavior results in extra privileges, and bad behavior results in negative consequences.

Bowker's philosophy is to challenge the youths to set goals, and then to commend any positive efforts.

"I recently read an article about challenging moments," he said. "For instance, you go through the grocery checkout, and the checker gives you too much change back. That's a teachable moment."

"Talk with your kids about honesty, and that if you keep the money, the checker suffers. If you keep it, you're telling them it's okay."

From his experience, Bowker feels that a key element missing from many troubled youths is a lack of conscience.

"If you think about that, it's generally knowing (the difference of) right and wrong."

Without a conscience, Bowker said, these young offenders don't feel the need to apologize.

He said, "They don't see the linkage, they can't empathize for the loss they've caused. If you don't have those internal controls, then you're going to have problems. I think kids can be taught that. It may not have been taught at home."

So, he and the staff at the detention home, look for opportunities - teachable moments - when they can help misdirected youths to gain that missing link - the sense between right and wrong.

The basic premise is, if you can get at the way they think, then you can affect the way they act," Bowker said.

Bowker admits that he has seen a change in the type of juvenile who gets locked up.

"I think there are kids in detention today that would have never been years ago," he said. "Their families would have dealt with it."

"On the other hand, there are some heinous crimes being committed by young people. There are 12-year-olds who have committed murder."

There are juveniles who are

locked up as a result of gang activity and some for weapon violations.

"We have a fairly large number of sex offenders," Bowker said.

The breakdown of family is the root cause, he said. "There's probably less family support than there used to be. Even if there was a single parent in the past, grandma was always there," he said.

"Communities don't own the crime problem like they used to."

To Bowker, the solution is equally obvious. He sums it up in a few simple words. "The earlier, the better."

He believes that even at the grade school level, children should be taught about juvenile crime and punishment. Teachers need to be involved in the solution too, he said.

"Teachers could be taught what to look for, and how to identify kids who might be headed for trouble. We need to develop programs to start working with kids as early as possible."



Residents at the Madison County Juvenile Detention Home have time to reflect on why they're there.

John Swistak Jr. photo

## Biffle

Continued from F

that we would heck of a party the race," Wallace said. "Wally brother is one of Winston Cup ch Wallace, said."

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## Biffle wins NASCAR Ram Tough 200

Continued from Page 1A

that we would have had one heck of a party if we had won the race," Wallace, who's brother is one-time NASCAR Winston Cup champion Rusty Wallace, said.

Before the drivers hopped into their trucks and started their engines for the race, NASCAR legend Richard Petty, the grand marshal for the race, shook hands with the drivers as they were being introduced to the crowd.

Afterward, he signed numerous autographs, including Bill Pesker's racing cap.

Pesker, 29, of Granite City, was grateful.

"He has a lot of class," Pesker said about "King Richard." "He signed a photograph for everyone in line."

Shelby Wiggins, 42, of Collinsville, was another racing enthusiast to receive an autograph from Petty, who signed her shirt.

"It won't be washed," Wiggins said. "It's going some place for safekeeping."

Besides the Ram Tough 200, Friday night's event also featured the Re/Max Challenge Series, a 40-lap race won by Justin Diercks, 19, of Davenport, Iowa.

NASCAR's Craftsman Truck race and the Re/Max Challenge were the last major races at Gateway this year. The racing season will come to a completion at the end of October.

For racing fans like Thomas Werty of St. Louis County, GIR was a memorable and thrilling place to be.

"I was fortunate enough to attend all of the big-time events (which also included the CART Motorola 300, the NHRA Sears Craftsman Nationals and the NASCAR Busch Grand National CarQuest 250)," Werty said. "And I plan to attend them all next year."

"I think people in St. Louis and Metro East are great racing fans."

## County homes' fate may be sealed

Continued from Page 1A

and Sheltered Care homes may be near an end now that the Illinois Health Facilities Planning Board has approved the county's latest plan.

The board, after earlier denying permission to close the homes, approved the plan to replace them with a new home after a hearing in Peoria.

"It's been a long road, but we're near the end," Madison County Administrator James Monday said. "Now we have to do our best to find someplace else for these people to live."

County officials also will have to reopen negotiations with the American Federation of State, County and Municipal Employees union to dis-

severance pay and benefits for workers at the homes.

When the Madison County Board first voted to close the homes last year, county officials said more than 100 workers could be laid off.

County officials came up with the plan to replace the Nursing Home and Shelter Care Home with a single home that will offer a place for residents of the existing homes.

The county's plan is to entice a private business into the operation, allowing the county to get out. The business would agree to build a new home that would take a variety of residents who need the services of shelter care and nursing home care. The county would make the land available and supplement the private home's Medicaid payments with a county fund.

The agreement calls for the

new home to be completed by Jan. 30, 2002.

The county has been trying to get out of the health care business since March 1998, when voters turned down two referendums that would have raised taxes for the two existing homes. Without those tax increases, county officials said they couldn't afford to continue operating the homes.

The process of moving residents out of the homes was stopped short, however, when the Illinois Health Facilities Planning Board denied the county a permit to close the homes. The board had ruled there were not enough beds at care homes in the area to accommodate all the residents.

The plan on which the board ruled Thursday is the result of negotiations between the county's attorney, John L. Gilbert, and the board's attorney, Melissa J. Auerbach of Chicago. The attorneys for the two sides had come to a preliminary agreement.

The County Homes Action Committee, headed by Debbie Groeteka of Collinsville, opposed the closing.

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## News

## Unveiling honors Cardinal great Brock

Continued from Page 1A

Sunday and Lou Brock Night at the Ballpark Sept. 10. "These events are important not only to me but to the Cardinals and baseball as well," Brock said. "They symbolize what is good in baseball."

The statue-unveiling ceremony will celebrate three of Brock's record-breakers. It will mark the 20th anniversary of Brock's 3,000th hit in 1979; the 14th anniversary of Brock's induction into the Baseball Hall of Fame in 1985; and the 31st anniversary of Brock's setting back-to-back World Series records (25 hits and 14 stolen bases) in 1967 and 1968.

Lou Brock Night at the Ballpark will commemorate Brock's record number of stolen bases. In 1977, Brock

broke the Major League Baseball career stolen base record that was set by Ty Cobb. In 1974, Brock broke the season stolen base record that was set by Maury Wills. Both records have since been broken by Rickey Henderson as a member of the Oakland Athletics.

Major League Baseball also is paying tribute to Brock this year by choosing him as one of the "Top 100 Baseball Players in the 20th Century." Brock was selected for this honor from among 15,000 Major League players who played the game from 1900 through 1999.

"I am incredibly thrilled and honored about the statue unveiling," Brock said. "The whole concept is a noble gesture by the Cardinals to pay tribute to Hall of Fame players for demonstrating excellence in their careers."

Lou Brock Night at the Ballpark also will kick off the annual fund-raising drives for the Suburban Journals' Old Newsboys Day and the Lou Brock Scholarship Foundation. Brock and his wife, Jackie, have been named chairmen of the 1999 Old Newsboys fund-raiser.

Brock said the celebrations hold even more significance for him because he will share them with Jackie and other family members.

## GC lawyer still in running for judgeship

Continued from Page 1A

either one or two votes in the most recent balloting. The balloting is done in secret, and tabulated by the Illinois Administrative Office of the Courts, a division of the Illinois Supreme Court. None of the candidates could be reached for comment. Both Harrison and Meehan previously said they were campaigning actively to win

the judgeship, which came open when the circuit judges voted not to retain Meehan when his term expired June 30. The next round of voting likely will take place next week, with results known in about two weeks, court officials said.

Friday's announced vote was the latest development in a process that began almost two months ago, when both Meehan and fellow Democrat Ellar Duff of Alton failed to win retention as associates.

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## Finalists

Southwest Sockers did well in tournaments

Page 2B

# Sports

sports on-line, www.yourjournal.com

**Game time**  
Metro East schedule  
for boys soccer  
Inside

## Football kickoff is Friday

Tigers begin play Saturday

The Edwardsville High football team hasn't lost a regular season game since 1997. The Tigers will put its regular-season victory string on the line 1 p.m. Saturday when they host Chicago Gage Park in a non-conference game.

Edwardsville, the Southwest Conference champion last year after finishing second to Belleville East in 1998, was 9-0 last season before bowing to Naperville Central 42-21 in the first round of the playoffs.

Collinsville, the Southwest Conference runner-up last year, travels to Bethalto to face Civic Memorial in a 7 p.m. Friday contest.

In other action with Metro East teams Friday night, a host of new coaches will embark on their careers.

Dennis Sney will make his debut as Belleville West's head coach when the Maroons travel to O'Fallon on Friday for a 7:30 p.m. game. Sney coached for 30 years at Belleville East, including 27 years as defensive coordinator.

"It's been a very smooth transition," Sney said. "Living in town this long, I know the kids, and their attitude has not been a problem. They're still learning some things they need to know to be successful."

Former Waterloo coach Steve Sergesketter is the new head coach at Freeburg, which opens 7:30 p.m. Friday at home game against Roxana. Mascoutah, which hosts Mount Vernon at 7:30 p.m. Friday, has a new head coach in Chris Janday, the Indians' wrestling coach for the past six years. And Tom Vogt is the helm at Waterloo, which opens 7:30 p.m. Friday at Piassa Southwestern.

Glenn Schott's Althoff team, which hosts Metamora at 7:30 p.m. Friday, has a known offensive commodity in senior running back Clyde Howard, who rushed for more than 1,200 yards last season.

Belleville East opens the season Saturday with a 6:30 p.m. home game against Moline.

Other games set for this weekend:  
• Granite City at Cahokia, 7:30 p.m. Friday.  
• Chicago Simeon at East St. Louis, 1:30 p.m. Saturday.

Prep football previews for the Metro East coming in the next issue of the Journal.

## Warriors prepare to defend SWC title



Granite City soccer coach Gene Baker talks to his players during a practice session this fall. Tim Stephenson photo

## Granite City 'lean' but Baker likes effort

By Rick Broome  
Staff writer

Granite City's march to the Southwest Conference title was a bit surprising. If the

Warriors do it again this year, they once again will have pulled off some upsets. In fact, defending the conference title may be harder in 1999 following Granite City's graduation losses.

"From last year's team, we lose (striker) David Margrabe, who played a big part in winning games," Granite City coach Gene Baker said. "We'll miss him. We'll miss the character he brought us."

"Cory Winfield made some good things happen, had a real sound year. Certainly we'll miss Cory. I would say of (goalkeeper) Brandon Williams that I wish everybody on the team had his character and work ethic. Those three made up a nice, solid component right up the middle."

But the Warriors have been able to find some replacement parts to begin assembling a

new starting squad, led by Mike Smith at striker.

"Richie Edwards will complement Mike up front," Baker said. "He is very, very coachable, he finishes shots that he should, he has good strength. He came out in good shape."

"At midfield, Ian Kessel seems to have really matured and has really looked excellent in preseason. He should be right there. Josh Peacher has outstanding potential and has looked good. He has a little bit of a hip problem right now, but he makes the through passes, scores the occasional head ball, has the ability to shoot. We have to get him to play more transition ball, but he has all the tools to do it."

"Andrew Crider will be on the wing, and the other midfield spot is still kind of up for grabs."

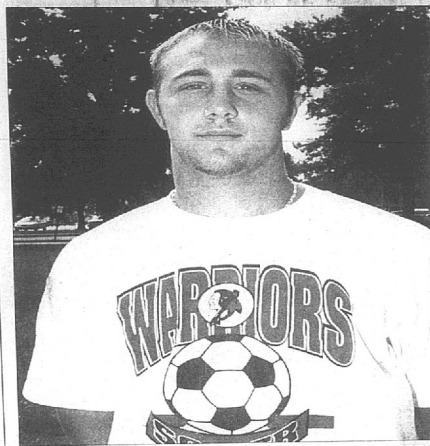
Senior Jarod McMillian anchors a defense which was strong last season.

"I look for McMillian to have an outstanding year," Baker said. "We are trying to

See WARRIORS, Page 3B

## Warriors seek strength from opposite ends

Roehr returns to goal; Smith will be asked to provide offensive leadership



Granite City senior Justin Roehr returns to goal this season for the Warriors. He missed all of last season following reconstructive surgery on his knee in the spring following his sophomore year of high school. Paul Baillargeon photo

By Rick Broome  
Staff writer

The Granite City High soccer team may go to extremes this fall.

BOYS SOCCER

While the Warriors will be working in some young players among its starting 11, they should be able to count on the last line of defense — senior goalkeeper Justin Roehr — and the forward line of the attack — paced by junior striker Mike Smith.

Roehr returns from a season of watching from the sidelines while nursing a reconstructed knee.

"I was in a soccer tournament with the Granite City Elks on May 3 (of 1998)," Roehr said. "I wasn't even playing in goal. I was supposed to, but they had me out at sweeper. I went to clear the ball and got hit, and my knee snapped. It just cracked."

Roehr had surgery on June 12 and was inactive for eight months, completely missing his junior season of high school soccer.

"It felt horrible, going to every single game and not playing," Roehr said. "You feel like you should be part of it. When a goal was scored against us, I always felt like I would have had it. I wish I could have been out there."

This season, Roehr can have an impact on the outcome of games.

"With Roehr, we are hoping to get into shape right now," Granite City coach Gene Baker said. "He has got some habits that he developed from not playing, but the same as with (Josh) Peacher, there is unlimited potential as to what he could do. He has great range, strength, has all the physical tools. He has a good attitude. He has a good deal of honesty. He has a good understanding from being around of what is expected on and off the

"I think we are going to have a good team. We have a lot of good players. I'm pumped about this year."

Justin Roehr  
Granite City senior

field. That may have been one thing that helped him while he wasn't playing. He's a good young man."


"From not playing, he just flinches once in a while and doesn't go after balls that other people couldn't get, but that he could," Baker said. "He has good size, good strength, range, has good hands. Now we have to get him where the habits are there. We are going to bring that out of him. We tried to bring it along a little bit slowly last week, but this week should be pretty strenuous for him to get him ready for our first game (Saturday at home against Peoria Richwoods)."

"He has the ability to put the ball into the attacking third. I would like to see him direct more when he is in goal and give the team more direction as to position. But he has just got to have himself alert on every play. If he is, he can have a great year. He is potentially all-state, as is Mike."

Mike Smith will be asked to play a crucial role in the attack this season as the Warriors try to replace the scoring touch of graduated Dave Margrabe.

"He is stronger again," Baker said of Smith. "He is strong, but he is even stronger now. I think he is a little more mature. He is a game player, but I am trying to get him to become a really consistent practice player. He has

See DUO, Page 3B



# Cardinals

## Good Times

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# Sports

## Snep has challenge at West

### New coach inherits team that was 0-9

New Belleville West High School varsity football coach Dennis Snep can try all he wants to bury facts about the Maroons' dismal display of recent years, but there's no way he can avoid the numbers game.

While Snep has been quick to note the 40 players in grades 10-12 who reported for opening practices along with 56 freshmen, he also is aware West often dressed fewer than 56 players for varsity games the past three seasons.

While indicating that he and his staff will do everything in their power to help the seniors win now, Snep cannot dodge the numbers he inherited after spending 27 seasons as an assistant football coach at Belleville East.

Maybe he will use them for motivation.

Consider these facts:

- When West opens against O'Fallon this Friday, the Maroons carry a three-game losing streak in season-opening contests with the Panthers.
- After going 0-9 last season — the school's worst record since an 0-10 season in 1958 — the Maroons had not won a game since defeating Collinsville 28-13 in the final game of the 1997 season, capping a 3-7 season.
- The 29 points West scored against Collinsville was its highest scoring total in 1997 and was better than any scoring output in '98.
- The last time the Maroons won two consecutive games on the field was in 1994 at Dick Hoot's teams defeated Althoff (35-14) and Collinsville (23-16). In 1997, under coach Larry Betz, West edged Granite City 14-10 one week before gaining a forfeit victory against East St. Louis.

- Belleville West has not won a Southwestern Conference championship since 1976, when Frank Arnold directed the Maroons to an 11-1 season, losing only 13-10 in the IHSA playoffs against Glenwood West.

- West's 1994 victory against Althoff snapped an eight-game losing streak against the Crusaders, including five shutout defeats from 1989 to '93. The Maroons lost to the Crusaders in 1995 and '98 and did not play them in '96 and '97.

- When it comes to playing the Big Three (Althoff, Belleville East and East St. Louis), the Maroons have not defeated two of the three in the same season since 1984, when West beat East (13-0) and Althoff (34-13) but lost to East St. Louis by a 29-0 count.
- West last defeated East in 1987 and last beat East St. Louis in 1993 during its school's most recent winning season. The Maroons were 6-3 in '93 year with losses to Althoff and East.

Will Snep admit his players be able to ignore numbers like the 7-29 record of the last four seasons or the 26-55 record of the first nine years of the 1990s?

The answer is yes, if it comes in the form of winning. After the winless season of '98, under retiring coach H.B. Tabor, successor Bob Fraley guided West to wins in three of its first four games in '99 as the team finished 3-7.

Moving closer to mediocrity was a good sign in 1999 when the team finished 4-4-2, preceding marks of 8-2 in 1991 and 10-0 in 1992 as the Maroons established themselves as a conference power.

Numbers? Snep has indicated that some of the player turnout may be related to "a fresh start." I agree, but if the new coach can find a way to create interest throughout the West community for an entire season, I have a hunch he will be able to build a foundation for success similar to Fraley.



## DOBBS Cardinals Team of the Week

### Three-time finalists

The Southwest Select Sockers under-15 soccer team made appearances in the finals of three tournaments this summer while playing up in the under-16 division. The Sockers reached the finals in the Mid America Tournament in Fairbury Heights, the Riverbend Classic in Alton and the Nations Cup in Cocoa Beach, Fla. In the Nations Cup, the Sockers posted their first victory against an international team, posting a 3-1 decision against a squad from Canada. Players pictured (from left to right) are: In front — Damon Rupinski, Adam Przybycz, Chris Dunbar, Wesley Bowling, Scott Blumner, Nate Italiano; Second row — Kenny Jackson, Matt Breckner, Rich Edwards, Andy Sidwell, coach Tony Camillo; In back — Ryan Donahue, Steve Mandeville, Todd Davis, Tom Duckworth, Adam Welle and Justin "J.C." Camillo.

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P205/65R15 BLK XW4 \$115	P225/70R16 OWL WRANGLER R/T \$105	P235/70R15 BLK/L OWL LAREDO AWP \$86	P235/70R15 BLK/L OWL LAREDO AWP \$86	P225/70R14 OWL RADIAL T/A \$71	P245/50R16 POTENZA RE-910 \$139	P235/75R15 BLK AMER1WAY XT/L \$79	P195/65R14 BLK SP-20 \$69
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## FALL SPORTS PREVIEWS — BOYS SOCCER

# Kahoks will showcase versatility

Zarzecki and Hall will help Collinsville unveil new look

By Brian Bretsch  
Staff writer

It will not be business as usual for the Collinsville High soccer team this fall.

## BOYS SOCCER

With Kahoks coach Ron Rowden looking at one of the most versatile teams he has had at Collinsville, expect the unexpected.

Collinsville's tradition-rich program still will have lofty standards — among them to atone for last year's 1-0 loss to East Moline United in the IHSAA Class AA super-sectional round. That defeat ended the Kahoks season at 10-10-2.

The Kahoks' talent and versatility is best defined by senior defender Kris Hall and junior striker Lee Zarzecki, two of the top players in the Metro East. The supporting cast isn't bad either.

Collinsville will unveil its versatility 7:15 p.m. tonight in the annual Purple and White Game. The freshmen begin the evening's events at 6 p.m.

Collinsville opens the varsity campaign 7 p.m. Saturday night when it hosts Waterloo Gibault.

"The thing I look at with this team is. We are going to be more versatile than we probably have been in the attack in the last four years," said Rowden, who enters his 11th season with the Kahoks. "We're not as deep as like a '91 state champion team with position players, but we're pretty versatile and that's what's going to be nice."

"We might go with a striking combination of Lee and Joe (McClary) for one half or one quarter of a game and then you might see (Zarzecki) rotated out into a midfield role. This is going to be the theme of our team. We are going to go with who is not at different positions."

That will be a change for Rowden and the Kahoks, whose rotations traditionally have been for a quick rest or instruction.

But even before the opening game, the team's versatility has made

practices lively. "That is what I like about having versatile players: They know that no one position is set," Rowden said.

Joining Zarzecki up top will be McClary (5-9, 150) while another candidate for time at striker is Nathan

Doherty (5-10, 145). Collinsville can also count on a trio of tall players: 6-2 Kyle Kerkemeyer, 6-1 Rick Niedringhaus and 5-11 Dave Luysler, to give the team a different look. In goal will either be senior Chris Oliver or senior Kevin Connolly.

## Duo will be key for Granite City

Continued from Page 1B

outstanding potential. He scored five goals in a scrimmage that we had. He puts the ball on goal, he passes well. We are trying to raise his overall ability to move with all plays, offensively and defensively. We are going to need goals in the big games from him, and he can do it."

"He has got all the tools in the world, good strength, good ball skills. I think he is definitely more creative with the ball than we was."

With those two facets in place, the Warriors could be on track to defend its Southwestern Conference title and erase the

disappointment of an early IHSAA Class AA playoff loss to Alton.

"It feels great to be back," Roehr said. "My personal goal is not to get scored off of. My freshman and sophomore years, I had a lot of shutouts so I want to keep that up, not get scored off of, and win every game."

"I think we are going to have a good team. We have a lot of good players. I'm pumped about this year. We have players this year that people may not have noticed last year, like Richie Edwards. I expect to see him play great this year."

This year our defense is pretty strong. We have Jared (McMillan), Phil (Roeder), Miah (Beckley), and Jeremy Hickam."

## Warriors set to defend SWC title

Continued from Page 1B

get him in a little better shape, but he is awfully aggressive and he wins tackles. He makes short passes, long passes — he does a lot of good things."

Jeremiah Beckley will play next to him. He is a sound kid. Jeremy Hickam will also be in the backfield with Phil Roeder.

In goal, senior Justin Roehr returns from a season erased by a knee injury. Behind him on the depth chart will be Nick Carroll, who has impressed Baker in the practices, and Jamie Gavilsky, who is still getting over an injury.

The bench will be expected to play a large role this season.

"Neil Loftus is competing for playing time with Jay Gimsert, who has had his moments," Baker said. "Jay has good skills. We are just trying to get him to play more defense and play with a little more consistent intensity. Chris Mertz is always in excellent condition, has fine stamina."

There are some seniors who are really contributing to the development of the team, like Jeremy Smith, who has made some definite progress, as has Matt Jackson. Matt makes good plays, but just not enough of them. When he has the chance to make them he does good things. Ryan Davis is another who always gets a A for effort."

"Then we have some younger players who are competing well, like John Petri, who has really stood out among the sophomores, along with Kenny Jackson. We look for people like Nathan Gaudreault to be coming on pretty strong, doing a little more each day."

One of the Warriors' potential strengths is their team speed, especially up front. "We do have some spots where we are fast," Baker said. "We are very fast in the middle with Ian, Peacher, and Andrew Crider. Mike is very fast, and Richie has deceptive speed."

The Warriors also have a strength in the coaching staff, led by Baker, who has won more than 450 games at Granite City and ranks among

the nation's winningest prep soccer coaches.

"Our coaching staff will again have Barry Grote with the freshmen and Virgil Kirksey with the junior varsity," Baker said. "Dave Ames will be helping with the varsity with me, along with Phil Popmarkoff, who will make a solid contribution as a volunteer coach. So I think the kids have enough people helping them."

The Warriors will be tested by a tough schedule including teams from Peoria and Springfield as well as Missouri.

"Our schedule is pretty strong, opening with Peoria Richwoods," Baker said. "But I really think (St. Charles County, Mo.) Francis Howell Central will be loaded. We have the usual — our conference — but we also have our own tournament, and we have the Jeff City Shootout, in which we'll draw two really powerful opponents. It will be very tough. We have (St. Louis) CBC and Vianney again on the schedule."

"There really are no weak spots on it. We are going to have to be up for every game. That's our whole thing. We are trying to get where the players practice is that every scrimmage has a certain amount of adrenaline to it, to compete, so that the competition becomes a real habit, a good habit. That's one of the big things that we are talking about, having all positive, good habits to make us better. That's what the schedule is for, developing ourselves in preparation for the state tournament."

State tournament talk may be premature for a team not favored to win its conference, but the Warriors proved last season that they can rise to such challenges.

"While we may be a little lean, and people are expecting us to have a down year, I have been very pleased with our overall effort through the first week," Baker said. "We will go into the conference to compete for a title."

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## Sports

## Prep soccer schedules

## BOYS SOCCER

**Aug. 27**  
Lebanon at Jerseyville.  
Wescinn at Columbia.

**Aug. 28**  
Waterloo Glibault at Collinsville.  
Breesse Mater Dei vs. Belleville.  
Peoria Richwoods at Granite City.  
Belleville East at Quincy.  
Belleville West at Hazelwood (Mo.) Central.

**Aug. 30**  
Cahokia at Mascoutah.

**Aug. 31**  
Cahokia at Waterloo.  
Waterloo Glibault at Highland.  
Belleville East at O'Fallon.  
Belleville West vs. Belleville Althoff.  
Ladernman Park.

**Sept. 1**  
Triad at Mascoutah.

**Sept. 2**  
East St. Louis at Granite City.  
Lebanon at Breesse Central.  
Alton Marquette at Columbia.  
St. Charles County (Mo.) Francis Howell North at Edwardsville.

**Sept. 3**  
Belleville West at Triad.

**Sept. 4**  
Waterloo Glibault at St. Louis University High.  
Columbia at Mascoutah.  
Granite City at St. Charles County (Mo.) Francis Howell Central.  
Edwardsville at St. Charles County (Mo.) West.

**Sept. 5**  
East St. Louis at Belleville East.  
Wescinn at Breesse Mater Dei.  
Belleville Althoff at Waterloo.

**Sept. 6**  
Lebanon at Wescinn.  
O'Fallon at Cahokia.

**Sept. 7**  
Granite City at Kirkwood (Mo.) Vianney.  
Creve Coeur (Mo.) DeSmet at Edwardsville.  
St. Louis University High at Belleville East.

**Sept. 8**  
Waterloo at Bethalto Civic Memorial.

**Sept. 9**  
Centralia at Cahokia.  
Granite City at Alton.  
Belleville East at Menhville (Mo.)  
Litchfield at Lebanon.  
Mascoutah at Jerseyville.  
Breesse Mater Dei vs. Belleville West at Ladernman Park.

**Sept. 10**  
Litchfield at Wescinn.  
Downers Grove South Tournament (Edwardsville).

**Sept. 11**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Sept. 12**  
Mascoutah at Centralia.

**Sept. 13**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Sept. 14**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Sept. 15**  
Marion at Cahokia.  
Highland at Waterloo.

**Sept. 16**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Sept. 17**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Sept. 18**  
Belleville East at Collinsville.  
Highland at Mascoutah.  
Waterloo at Triad.

**Sept. 19**  
Cahokia at Carbondale.

**Sept. 20**  
Quincy Notre Dame vs. Belleville Althoff at Granite City.  
Edwardsville at Belleville West.  
St. Charles County (Mo.) Francis Howell at Granite City.

**Sept. 21**  
CVC Tournament at Anheuser-Busch Conference & Sports Centre in Fenton, Mo. (Belleville West, Cahokia, Waterloo, Waterloo Glibault).  
Hazelwood (Mo.) Central Tournament (Belleville East, Granite City).

**Sept. 22**  
Lebanon at Columbia.

**Sept. 23**  
Metro East Lutheran at Wescinn.

**Sept. 24**  
Belleville Althoff at East St. Louis.

**Sept. 25**  
Lebanon at Centralia.

**Sept. 26**  
Belleville Althoff at Jackson (Mo.).  
Waterloo Glibault at Alton Marquette.

**Sept. 27**  
Bethalto Civic Memorial at Lebanon.  
Alton at Belleville East.  
Belleville West at Granite City.

**Sept. 28**  
Cahokia at O'Fallon.  
Wildwood (Mo.) Lafayette at Edwardsville.

**Sept. 29**  
Mascoutah at Triad.  
Columbia at Alton.  
Jerseyville at Waterloo.

**Sept. 30**  
Waterloo Glibault at Breesse Mater Dei.  
Granite City at O'Fallon.  
Belleville Althoff at Columbia.  
East St. Louis at Belleville West.

**Oct. 1**  
Belleville East vs. Belleville West at Ladernman Park.  
Edwardsville at Collinsville.  
Springfield vs. Belleville Althoff at Family Sportplex.  
Wescinn at Lebanon.  
Jerseyville at Mascoutah.  
Bethalto Civic Memorial at Waterloo.

**Oct. 2**  
St. Louis St. Mary's at Waterloo Glibault.

**Oct. 3**  
Waterloo Glibault at Waterloo.  
Carlinville (Mo.) McCluer North at Granite City.  
Edwardsville at Hazelwood (Mo.) Central.

**Oct. 4**  
Granite City Tournament of Champions (Belleville East, Belleville West, Granite City).  
Rick Hudson Memorial Tournament at Anheuser-Busch Conference & Sports Centre in Fenton, Mo. (Edwardsville).

**Oct. 5**  
Belleville Althoff at Wescinn.  
Waterloo at Columbia.  
Breesse Central at Mascoutah.

**Oct. 6**  
Mascoutah at Waterloo.

**Oct. 7**  
Breesse Mater Dei at Lebanon.  
Cahokia at Centralia.

**Oct. 8**  
East St. Louis at Waterloo Glibault.

**Oct. 9**  
Waterloo Glibault vs. Belleville Althoff at Ladernman Park.

**Oct. 10**  
Wescinn at Breesse Central.  
Bethalto Civic Memorial at Mascoutah.

**Oct. 11**  
Carbondale at Cahokia.

**Oct. 12**  
Lebanon at Metro East Lutheran.

**Oct. 13**  
Waterloo Glibault at Columbia.

**Oct. 14**  
Waterloo Tournament (Cahokia, Columbia, Lebanon, Mascoutah, Waterloo, Waterloo Glibault, Wescinn).  
Alton Tournament (Belleville Althoff).

**Oct. 15**  
Edwardsville at Chesterfield (Mo.) Parkway Central.

**Oct. 16**  
O'Fallon vs. Belleville West at Ladernman Park.

**Oct. 17**  
East St. Louis at Waterloo.

**Oct. 18**  
Belleville East at Granite City.  
Richmond Heights (Mo.) CBC at Edwardsville.  
Collinsville vs. Belleville West at Belleville Area College.

**Oct. 19**  
Granite City at Jefferson City.

**Oct. 20**  
Belleville East at Triad.

**Oct. 21**  
Edwardsville at Menhville (Mo.) Granite City at Jefferson City.  
Jackson (Mo.) vs. Belleville West at Ladernman Park.

**Oct. 22**  
Belleville Althoff at Belleville East.  
Oakville (Mo.) at Edwardsville.

**Oct. 23**  
Waterloo Glibault at Belleville East.  
Alton at Edwardsville.  
Collinsville vs. Belleville Althoff at the Family Sportplex.

**Sept. 9**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Sept. 10**  
Mascoutah at Centralia.

**Sept. 11**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Sept. 12**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Sept. 13**  
Marion at Cahokia.  
Highland at Waterloo.

**Sept. 14**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Sept. 15**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Sept. 16**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Sept. 17**  
Mascoutah at Centralia.

**Sept. 18**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Sept. 19**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Sept. 20**  
Marion at Cahokia.  
Highland at Waterloo.

**Sept. 21**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Sept. 22**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Sept. 23**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Sept. 24**  
Mascoutah at Centralia.

**Sept. 25**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Sept. 26**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Sept. 27**  
Marion at Cahokia.  
Highland at Waterloo.

**Sept. 28**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Sept. 29**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Sept. 30**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Oct. 1**  
Mascoutah at Centralia.

**Oct. 2**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Oct. 3**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Oct. 4**  
Marion at Cahokia.  
Highland at Waterloo.

**Oct. 5**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Oct. 6**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Oct. 7**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Oct. 8**  
Mascoutah at Centralia.

**Oct. 9**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Oct. 10**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Oct. 11**  
Marion at Cahokia.  
Highland at Waterloo.

**Oct. 12**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Oct. 13**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Oct. 14**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Oct. 15**  
Mascoutah at Centralia.

**Oct. 16**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Oct. 17**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
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Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Oct. 18**  
Marion at Cahokia.  
Highland at Waterloo.

**Oct. 19**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Oct. 20**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Oct. 21**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Oct. 22**  
Mascoutah at Centralia.

**Oct. 23**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Oct. 24**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.

**Oct. 25**  
Marion at Cahokia.  
Highland at Waterloo.

**Oct. 26**  
Breesse Central at Wescinn.  
Belleville West at Waterloo Glibault.  
East St. Louis at Collinsville.

**Oct. 27**  
Granite City at Edwardsville.  
Lebanon at Waterloo Glibault.  
Cahokia at Metro East Lutheran.

**Oct. 28**  
Collinsville at Granite City.  
Waterloo at Mascoutah.  
Cahokia at Lebanon.  
Breesse Mater Dei vs. Belleville Althoff at Ladernman Park.  
Hillsboro (Mo.) at Columbia.  
Oakville (Mo.) at Belleville East.  
Centralia at Wescinn.  
Belleville West at Alton.

**Oct. 29**  
Mascoutah at Centralia.

**Oct. 30**  
Belleville West at Highland.  
Belleville East at Arnold (Mo.) Fox.  
Belleville Althoff at Carbondale.  
Granite City at Springfield Sacred Heart-Griffin.

**Oct. 31**  
O'Fallon vs. Belleville Althoff at Ladernman Park.  
Richmond Heights (Mo.) CBC at Granite City.  
Belleville West at Columbia.  
Edwardsville at Belleville East.  
East St. Louis vs. St. Louis Gateway Tech at Forest Park.  
Mascoutah at Bethalto Civic Memorial.



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**QUESTIONS**

- What High School did the Philadelphia 76ers' sensational rookie Larry Hughes attend?
- Name the 76ers player who has a twin brother currently playing in the NBA?
- Know as "Dr. J", what NBA legend is the 76ers' All-Time Leader for most points scored in a career?
- Now playing for the New Jersey Nets, who had his number 44 retired by the University of Utah?
- The Nets currently have the tallest player in the NBA. Who is he? What is his height?
- Of the 8 schools entered in the 1999 Hoop & Quill Classic, which university in Indiana scored a big upset in the 1998 NCAA Tournament?
- Which school represents the Missouri Valley Conference in the 1999 Hoop & Quill Classic?
- What is the name of the professional basketball league that the St. Louis Swarm will play in starting November 1999?
- What is the name of the new arena that the St. Louis Swarm will call their home?
- How many players did the St. Louis Swarm draft from the University of Missouri?

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# Edwardsville prepares to tackle tough schedule

By Louie Korac  
Staff writer

The Edwardsville Tigers may have a tough time winning games this fall.

Byrnes, Krealmalmeyer lead returning cast of Tigers from .500 team

The Tigers also might wonder if they play in the

Illinois High School Association or the Missouri State High School Activities Association before the season is over. Edwardsville has planned an ambitious schedule dotted with

## BOYS SOCCER

Missouri schools and tournaments — all in preparation for the IHSA postseason tournament. And after one week of practice, Edwardsville coach Mark Schwarzkopf believes his squad is ready to face the challenges of the brutal schedule.

"More than anything, we need a game," said Schwarzkopf, who begins his ninth season as Tigers coach. "We've done some extensive workouts this past week but

we really need to play."

Edwardsville, on the heels of a 10-13 record in 1998, will see the likes of frequent Missouri state title contenders Creve Coeur (Mo.) DeSmet, Richmond Heights (Mo.) CBC, Hazelwood (Mo.) Central and St. Charles County (Mo.) Francis Howell North. The Tigers also will play Mehlville (Mo.), St. Charles (Mo.) West and Oakville (Mo.) and play in the Rick Hudson Memorial Tournament at the Anheuser-Busch Sports & Conference Centre in Fenton, Mo.

That's in addition to a tournament at Downers Grove South and the Southwestern Conference schedule.

"One of the aspects that we talked about is that it doesn't benefit us to just schedule an

opponent for a win," Schwarzkopf said. "We want to be challenged and play the best teams that are out there and in order for us to be able to do well in those games, everything has to go right for us."

"We took the girls up there (to northern Illinois to the Barrington Invitational in the spring) to get some valuable experience and this (Downers Grove South Tournament) is along the same nature for these guys to play against teams like St. Charles."

In other words, Schwarzkopf and the Tigers — although they'd like to win as many games as possible — are looking to better themselves for the time that matters most. That time comes during the latter part of October.

"I guess you can say that our schedule is fit for our needs," Schwarzkopf said. The Tigers return the majority of a roster that had plenty of youth. Senior Tim Byrnes and junior Luke Krealmalmeyer lead the way.

Krealmalmeyer ranks among the very best players in the Metro East. "If he does as well as he did the previous year, I would be happy," Schwarzkopf said. "He's such a proven technical player, a clinical finisher — one of the best in this area."

Tim Byrnes — there's not a better player who can distribute the ball better than he can, particularly from the

left flank and he's also left-footed."

Also in the mix are seniors Matt Arttrip, Josh Boyd, Josh Haines, Justin Hays, Juniors Brandon Gaylor and Ryan Luckett.

Schwarzkopf has said that sophomore Justin Clay will be his man in goal.

"The thing with Brandon and Ryan is that they're both such smart players," Schwarzkopf said. "They have such great vision on the field and are very, very good at what they have to accomplish. It helps to have them back there knowing full well that you have two talented people play in the back."

"One of our strengths will definitely be in the midfield," Schwarzkopf added. "We have some deficiencies but with the proper training, we can overcome those and rectify those deficiencies."

Schwarzkopf believes the SWC race again will be closely contested.

"Collinsville and Belleville East will be good. Both have good athleticism," he said. "Granite City will be improved. Alton, I like the (Dylan) Bechtold kid but I don't know if he can get enough to match with him and Belleville West will have a tough time."

"If we can perform at a level that is suitable to what it takes to compete late in the season, I like the prospects of what can be done." The Tigers open the season with Howell North 7 p.m. Tuesday at the Edwardsville Sports Complex.

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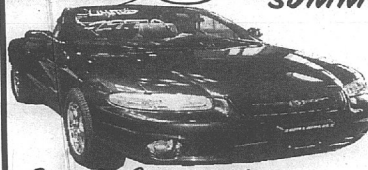
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## Eye Health Advisory

D.C. Schellman, MD • E.A. Dolsy, III, MD • W. V. Chen, MD • M. A. Yates, OD

What You Need to Know About Laser and Surgical Vision Correction

LASIK and Intacs™ can decrease or eliminate your dependence on glasses and contact lenses.

By Edward A. Dolsy, III, MD, FACS  
Illinois Eye Specialists

Every day our practice receives multiple calls about both the LASIK and Intacs™ procedure. These recent advances in refractive surgery have made vision correction an option for more people than ever before.



LASIK is a vision correction procedure for patients who are nearsighted, astigmatic and farsighted. Before delivering the laser treatment, the physician creates a small protective flap of cornea that covers the operated area following the procedure. After creating the flap an ultraviolet beam of cool light gently sculpts the cornea. The actual procedure takes a few minutes. It is not uncommon for our patients to visit us one day following surgery with an excellent visual result.

The Intacs™ procedure is intended for patients who have mild nearsightedness. During this procedure the physician implants tiny, crescent shaped, pieces of polymer at two-thirds the depth of the cornea. This is the first refractive procedure that is potentially removable. During the FDA clinical trials, 74% of the Intacs™ patients achieved 20/20 vision, and more than 50% of these patients were seeing better than 20/20.

The only way to determine if you are a candidate for one of the refractive procedures is to have a complete refractive evaluation. For a limited time we will be offering LASIK and Intacs™ evaluations at no charge. If you would like to schedule an evaluation, or would like to attend an informational seminar, please call our office at (618) 288-7266.

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## Movie schedules

Film timetable for Wednesday, Aug. 25. For times on other days or to confirm these times, check local theaters.

### CARMIKE PETITE

1-70 and Hwy. 157,  
Collinsville, Ill. 344-1708

The Thomas Crown Affair (R) 7:05, 9:40  
Mickey Blue Eyes (PG-13) 7:10, 9:35  
The Thomas Crown Affair (R) 7:05, 9:40  
Runaway Bride (PG) 7:00, 9:20

### EASTGATE CINE

Eastgate Plaza, E. Alton, Ill., 254-5289

Mickey Blue Eyes (PG-13) 4:15, 7:00, 9:15  
Teaching Mrs. Tingle (PG-13) 4:00, 6:50, 9:20  
Runaway Bride (PG) 4:45, 7:20, 9:45  
The Sixth Sense (PG-13) 4:30, 7:10, 9:30  
Blair Witch Project (R) 5:00, 7:30, 10:00  
Iron Giant (PG) 3:45, 6:40  
Brokedown Palace (PG-13) 9:00

### COTTONWOOD EDWARDSVILLE CINEMA

Edwardsville, Ill., 656-6390

The General's Daughter (R) 7:00, 9:30  
The Haunting (R) 7:15, 9:50  
Big Daddy (PG-13) 7:30, 9:40

### LINCOLN THEATRE

103 E. Main, Belleville, Ill., 233-0123

Muppets From Space (G) 7:15  
The Mummy (PG-13) 9:10  
Austin Powers 2 (PG-13) 7:00, 9:00  
Lake Placid (R) 7:10, 8:55

### NAMEOKI CINEMA

30 Nameoki Village, 877-6630

The Haunting (R) 7:15, 9:50  
Mystery Men (PG-13) 7:00, 9:40

### O'FALLON 15 CINE

1320 Central Park Dr.,  
O'Fallon, Ill., 822-4800

Runaway Bride (PG) 11:00, 1:45, 4:30, 7:05, 9:30  
Runaway Bride (PG) 12:00, 2:30, 5:15, 8:10  
Bowfinger (PG-13) 11:00, 1:00, 3:05, 5:15, 7:50, 10:00  
Bowfinger (PG-13) 12:00, 2:00, 4:05, 7:00, 9:00  
Iron Giant (PG) 11:10, 12:55, 2:50, 4:45, 7:10  
Dick (PG-13) 9:00  
Big Daddy (PG-13) 1:00, 3:00, 5:00, 7:00, 9:00  
Star Wars 2 (PG) 12:10, 3:00, 5:50, 8:40  
Teaching Mrs. Tingle (PG-13) 11:30, 1:30, 3:30, 5:30, 7:30, 9:30  
Sixth Sense (PG-13) 11:15, 1:50, 4:25, 7:00, 9:35  
Sixth Sense (PG-13) 12:30, 3:15, 5:55, 8:35  
Blair Witch Project (R) 12:00, 2:00, 4:00, 7:00, 9:00  
Blair Witch Project (R) 1:20, 3:20, 5:20, 7:55, 9:50  
American Pie (R) 11:30, 1:45, 4:00, 6:50, 9:00  
The Haunting (PG-13) 11:00, 1:45, 4:05, 7:05, 9:45  
Tarzan (G) 12:05, 2:05, 4:05  
The General's Daughter (R) 7:00, 9:30

### ROXANA CINE THEATRE

Roxana, Ill., 254-6746  
Inspector Gadget (PG) 7:00, 9:15

### ST. CLAIR 10

50 Ludwig Drive, 398-8383  
Wild Wild West (PG-13) 12:30, 2:45, 5:00  
The Wood (R) 7:15, 9:30  
Mickey Blue Eyes (PG-13) 12:10, 2:40, 5:10, 7:40  
Mickey Blue Eyes (PG-13) 1:10, 4:00, 6:30, 9:00  
Deep Blue Sea (R) 12:45, 3:10, 5:35, 8:00  
Inspector Gadget (PG) 12:40, 2:45, 4:50, 7:00, 9:05  
In Too Deep (R) 12:20, 2:35, 4:50, 7:10, 9:30  
The Thomas Crown Affair (R) 12:25, 3:00, 5:35, 8:10  
Universal Soldier 2 (R) 12:15, 2:15, 4:15, 6:15, 8:15  
Brokedown Palace (PG-13) 12:05, 2:25, 4:45, 7:05, 9:25  
Mystery Men (PG-13) 12:00, 2:40, 5:20, 8:00

### SHOWPLACE 12 EDWARDSVILLE

6633 Center Grove Rd., 659-7469  
Mickey Blue Eyes (PG-13)

4:00, 6:40, 9:10  
Universal Soldier 2 (R) 5:30, 7:50, 9:50  
Teaching Mrs. Tingle (PG-13) 4:30, 7:00, 9:20  
Blair Witch Project (R) 4:20, 6:20, 8:20, 10:30  
Brokedown Palace (PG-13) 5:40, 7:50, 10:10  
Deep Blue Sea (R) 5:50, 8:10, 10:20  
Detroit Rock City (R) 5:20  
Mystery Men (R) 7:30, 10:00  
Runaway Bride (PG) 4:10, 7:20, 9:40  
The Sixth Sense (PG-13) 4:40, 7:10, 9:30  
Bowfinger (PG-13) 5:00, 7:40, 9:45  
Inspector Gadget (PG) 4:50, 6:50, 9:15  
Thomas Crown Affair (R) 5:10, 8:00

### WATERLOO CINEMA

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The Sixth Sense (R) 12:45, 3:00, 5:15, 7:30, 9:45  
Mystery Men (PG-13) 12:45, 3:00, 5:15, 7:30, 9:45  
The Thomas Crown Affair (R) 1:00, 3:15, 5:30, 7:45, 10:00  
Mickey Blue Eyes (PG-13) 12:45, 3:00, 5:15, 7:30, 9:45  
Inspector Gadget (PG) 1:00, 3:00, 5:00, 7:00, 9:00  
Blair Witch Project (R) 1:15, 3:15, 5:15, 7:15, 9:15  
Bowfinger (PG-13) 12:45, 3:00, 5:10, 7:20, 9:30  
Runaway Bride (PG) 12:45, 3:00, 5:15, 7:10, 9:15

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## Horoscopes

**WEDNESDAY, AUGUST 25 TODAY'S BIRTHDAY:**  
Small amounts could accumulate into significant sums in the year ahead if you follow the practice of being both penny wise and pound conscious. Pay attention to all the little expenditures.

**VIRGO (Aug. 23-Sept. 22)** A guy or gal who wants your job could be within ear shot today, so be careful when talking to persons you don't know too well about things that should be kept confidential.

**LIBRA (Sept. 23-Oct. 23)** You could come off as a faker instead of a doer if you talk too much about your hopeful expectations today. Stick to topics in which others are involved.

**SCORPIO (Oct. 24-Nov. 22)** Attempting to encourage someone by comparing him or her to a person who is out of this individual's league is not only unfair and demeaning, but could generate resentment instead of inspiration.

**SAGITTARIUS (Nov. 23-Dec. 21)** Careful phrasing when you speak today is a must. In general, people are extra sensitive and you could inadvertently offend a listener if you're not careful.

**CAPRICORN (Dec. 22-Jan. 19)** Unless you're interested in buying a piece of the Brooklyn Bridge, you must be

leery of any smooth talking promoter today. Your sales resistance could be at a low ebb.

**AQUARIUS (Jan. 20-Feb. 19)** Instead of simply being frustrated today, let a person who wants to do your thinking for you know right up front that your mind is still in fine working order.

**PISCES (Feb. 20-March 20)** Because you might find yourself a bit more talkative than usual today, it won't be hard for a person with ulterior motives to pry information out of you that you'd rather keep secret.

**ARIES (March 21-April 19)** It's best not to idly talk today about an endeavor you'd like to launch, because it could be too premature and turn off those from whom you may need support. Do all the planning first.

**TAURUS (April 20-May 20)** Making mountains out of molehills will impede your progress today. Don't let your mind, tongue or your toes trip over little insignificant things.

**GEMINI (May 21-June 20)** A role reversal could take place today as you watch others grasp the essence of things before you. Don't be too embarrassed to say so in

order to have the facts repeated.

**CANCER (June 21-July 22)** Something traumatic could take place today if you are careless about your prized possessions. It could be the little things you'll mess up on.

like a diamond.

**LEO (July 23-Aug. 22)** Be careful not to allow yourself to dominate conversations when out with either business associates or close pals. The sound of your voice or ideas may not be sweet music to them.

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D-4 Beef with Vegetables	D-10 *Hunan Chicken	D-16 Special Combo Fried Rice
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**Flow**

Roses are blue... if only serve those from the back enjoy all year. You can, with how and so Flowers and from the gar time and drive tacular — an array of color home. The p than you might The pretti the best dried selection of v rative arrange ed. Not all flo you will want find the best r

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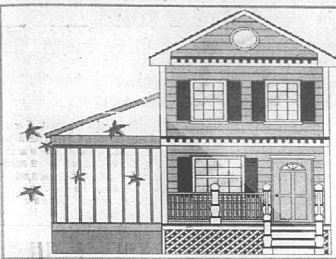
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# Fall Home & Garden Guide



## Flowers plucked from garden can become permanent

Roses are red, violets are blue... if only you could preserve those colorful blossoms from the backyard garden to enjoy all year.

You can, with a little know-how and some creativity. Flowers and foliage plucked from the garden at the peak time and dried provide a spectacular — and permanent — array of color to decorate the home. The process is easier than you might think.

The prettiest blooms make the best dried flowers, but the selection of varieties for decorative arrangements is unlimited. Not all flowers dry well, so you will want to experiment to find the best results.

Choose flowers with bright colors of yellows, oranges and pinks. You will have the best results when flowers are dried at their peak of perfection, just before they have fully opened. Don't wait any later because the flower petals may fall off during the drying process.

Snip the blooms on a bright warm day just after the dew has dried off the petals, in early to mid morning. You can also pick flowers in the late afternoon.

But don't limit yourself to the home flower garden to collect foliage for dried arrangements. Materials can be found in herb and vegetable gardens, as well as from shrubs, trees

and vines, roadsides, meadows, fields and woods.

Collect grasses, grains, reeds, cattails, burrs, cones, fruits and seed pods of weed and cultivated plants when they are mature and fully developed from now through September.

To dry flowers and foliage, either hang drying, drying agents or pressing flowers is recommended.

Hand drying — The easiest method of drying flowers and foliage is the natural or hanging method. This method works best for flowers that wilt little or not at all, such as field grasses, goldenrod and the following garden flowers: celosia, salvia, strawflowers, baby's breath, dusty miller and gomphrena. Allow about two weeks for drying.

To hang-dry flowers, remove all unnecessary foliage. Then

group the stems into small, loose bunches and hang with heads down in any dark, dry place, such as an attic or unused closet. Hang larger flowers individually.

Drying agents — Some of the common garden flowers, such as chrysanthemums, dahlia, delphinium, dogwood, lilac, snapdragon, violets and zinnia can be dried with drying agents to maintain color and shape. Use one of these options: (1) fine, well-dried beach sand, (2) 1 part powdered borax in 6 parts white cornmeal, (3) 1 part borax and 1 part sand, or (4) one of the silica gel products now offered on the market.

Spread 2 inches of the drying mixture over the bottom of a pan, box or carton. Strip the foliage from flowers and lay them face down. Gently work the mixture around, up and

over the flowers until they are lightly covered. Smooth out the petals, but try to maintain the natural shape of the flower.

Lay larger flowers like daffodils and lilies face up and cover the same way. Spring flowers such as snapdragons and delphinium can be covered lengthwise in the drying pan.

Store the container, uncovered, in a dark, dry, cool place for one to three weeks. When thoroughly dry, remove the sand, borax or silica gel from the flowers with a soft brush. The colors of some flowers dried with this method may fade somewhat, so you may want to try a plastic or varnish spray to keep the colors everlasting.

For faster results, try the microwave. Simply place flowers in a non-metal container. Each 1 inch of silica sand on the bottom. Cover all of the

plant material thoroughly. Operate the microwave at the high setting for two to three minutes, then allow flowers to cool for 24 hours to complete the drying process.

Pressing flowers — Collect fresh flowers and leaves in as nearly perfect of a condition as you can find. Trim side shoots or branches so that no foliage material is overlapping. Leaves can be gathered either green or in full autumn color. Try brushing leaves lightly with non-salty oil, such as olive oil, before pressing.

Place each piece between several thicknesses of dry newspaper. Weight it down with heavy books on bricks and allow three to 12 week for drying. When foliage is completely dry, store it in a dust-free container.

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## Arbor can change — and not disrupt — garden

Your garden is as much a reflection of your personality and the things in life that are most important to you as is the interior of your home.

But there's a great difference in most people's attitude towards these two important areas of their lives. Every so often they will decide to give their rooms a totally

new look: refinish the walls, replace drapes and window coverings, move the furniture around or change it completely. Out with the old — in with the new! But rare indeed is a major overhaul of the yard or garden.

A garden, once established, usually changes very little over the years and whatever changes are made come gradually.

There will be a few trial plantings from season to season, or a flower bed will be moved to gain better sun or more shade. A once attractive shrub will wither or become ungainly and have to be

replaced.

A good part of the joy we take in our garden comes from its continuity, from watching the annual cycle of blossoming and transitions of color and foliage with its reassurance that this part of our life, at least, will remain unchanging.

Among the more acceptable changes that can be made to a garden with little effort and without disturbing its continuity is adding an arbor.

Not only does an arbor provide an attractive accent in itself, it affords an opportunity for a dramatic display of one or more of the romantic old-fashioned climbing roses or

the many new varieties of clematis or other flowering vines. Or it can be situated so that it frames the entry to your garden or a special vista.

While ready-made arbors are available in metal, plastic and wood at garden supply stores, nurseries and home centers, the more enterprising do-it-yourselfers may wish to build it themselves.

You can buy sets of plans, but while an arbor is a simple structure it is not an easy project to build from scratch. It requires not only superior carpentry skills but also lots of tools, and you'll have to run around to pick up the lumber needed for a quality job.

A good wood arbor demands high grade materials, preferably not resistant. The best-looking arbors include lattice in their construction, and that can create a problem. Not only is craftsman grade lattice not easily available but it requires special care in cutting and fitting in making an assembly. The alternative of having it custom built can be a costly proposition even if you can locate a neighborhood carpenter who will take on a small job — a vanishing breed all across America.

**FINISHING AND PLACING YOUR ARBOR**  
You can paint these smoothly-finished arbors any color you wish, stain them or apply a clear coat if you prefer. Careful application of any finish its best done prior to assembly, and will take longer than putting them together.

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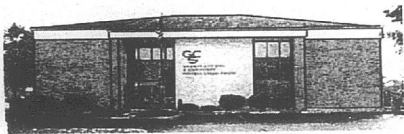


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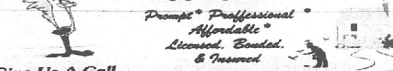


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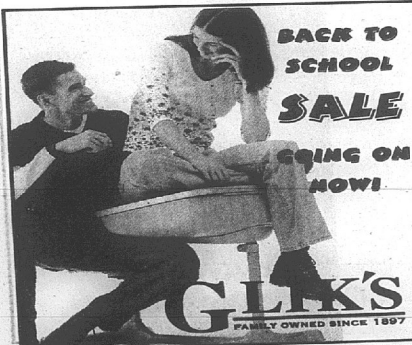


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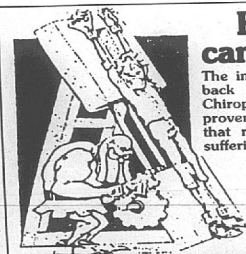


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# Illinois Principals of the Year is from Edwardsville High

By Deborah Bates  
Staff writer

Students at Edwardsville High School have reason to be proud of Principal Ed Harris. He has been named Illinois Principal of the Year for 1999. Harris was nominated by Norm Bohnenstiel, an assistant principal at the high school.

"I would like to commend Mr. Harris on an outstanding 1998-99 year," said Ed Hightower, superintendent of the Edwardsville School

District. "His hard work culminated in his being chosen for this prestigious award."

"Every year, (MetLife and the National Association of Secondary School Principals) pick a Principal of the Year from each state, and from that, a national award is given," Harris said.

A symposium will be held in Washington, D.C. in early October to honor the principals who were awarded. The national Principal of the Year Award will be given at the

symposium.

Harris also will be honored in October at a state convention in Peoria.

"(Harris) has made positive changes at the high school and has proven quality leadership in this position," Hightower said.

"Honors such as this only come to those individuals who work hard and make a difference."

To continue his leadership skills in the 1999-2000 school year, Harris has set

expectations for EHS.

Harris said he will continue to work to make the high school safe for students and staff.

"That's my Number One job: to make people feel safe," Harris said.

"My assistants and I do a lot of work to be proactive where safety is concerned."

The high school's Proactive Initiative Project makes administrators visible to

students during the school day. Administrators also will hold one office hour during the school day and office hours

from 2:45 to 4 p.m. after school is ended each day. Harris has been principal of EHS since August 1995.

## International adoption service brightens futures

By Rebecca Hopkins  
Staff writer

Children around the world who have little opportunity for a secure future because of poverty, single parenthood or cultural preferences are finding homes with American families through Lifelink Adoption Services.

Lifelink is a child and family services agency that offers adoption placement services and assistance to agencies in foreign nations.

Speakers Melanie Kera and Sharon McBrien led a dozen hopeful individuals through a Sunday afternoon introductory session of Lifelink's procedures for foreign adoptions, which focused mainly on Asian and Baltic nations.

McBrien, a social worker and the regional adoption coordinator, said international adoption is a special challenge requiring flexibility and patience.

"International adoption requires not only a time and financial commitment, but a

"Whatever anxieties are associated with the delays are worth it. By adopting an international child you are almost guaranteed that no one will come back years later and try to take your child away from you."

mental and emotional one as well," McBrien said.

"Since (each parent) will be dealing not only with our agency, but also with a foreign agency and the U.S. and foreign governments, there can be policy changes during the process that occur without warning."

McBrien said prospective parents are carefully chosen through a home study process that consists of up to five visits with the applicants.

"Illinois law requires that prospective parents be licensed as foster parents," McBrien said.

"The home study consists of interviews with the couple

individually and together in my office, and an additional meeting in their homes. There is also a lot of paperwork that is required by the U.S. Department of Immigration and Naturalization Service, as well as the child's native country."

McBrien added that adoptive parents will also be asked to attend cultural training and collect family photos for the foreign country.

Kera is an adoptive parent who joined the Lifelink staff to help others in their quest to adopt international children.

Also attending that Sunday's orientation session was Bunker

Hill resident Mary Buettel who is in the process of adopting a child from Russia. Buettel brought videotapes of the infant she and her husband, Randy, are adopting and was able to share with others the highlights and frustrations of the process.

"Whatever anxieties are associated with the delays are worth it," Buettel said. "By adopting an international child you are almost guaranteed that no one will come back years later and try to take your child away from you."

Lifelink's southern region adoption office can be reached by calling 656-1579.

Mary Buettel  
adoptive parent-to-be

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## Volunteer firefighters to get background checks

By April Calvin  
Staff writer

Illinois volunteer firefighters will now have to toe the line.

Gov. George Ryan signed a measure July 30 that gives volunteer fire protection districts the legal authority to perform background checks on prospective firefighters.

"You don't want a convicted arsonist as a firefighter," said state Rep. Tom Holbrook (D-Bellefonte). "You want to know who's going to be a public servant."

Full-time firefighters are already subject to the checks.

"This measure recognizes the volunteer firefighters are invested with a sacred trust no less than that of paid firefighters," Holbrook said.

"We should guarantee the same quality for both."

House Bill 1224, generated in response to Northwest Fire Chief Ken Harris' urging, takes effect Jan. 1, 2000. It allows fire chiefs to request the background checks, and requires state police to provide the available conviction information.

The bill was sponsored in the Senate by Sen. James Clayborne.

"Lives depend on a firefighter's ability to do his or her job," Harris said. "It's as much about character as physical fitness."

The general public needs to trust firefighters. This means we need to ensure that they

are trustworthy. I commend Tom Holbrook on his swift response."

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For more information or to make an appointment, call Memorial's Preventive Cardiology and Cholesterol Clinic at (618) 257-5164.

Based on your test results, a treatment plan to improve cholesterol and fat levels as well as reduce the risk of heart and blood vessel disease will be developed. The Clinic Team works in conjunction with your primary care physician to monitor progress.

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## Computer classes offered in Freeburg

A variety of college-credit computer classes, covering topics from operating systems to introduction to the Internet, will be offered this fall by Belleville Area College at Freeburg High School's campus, 401 S. Monroe St.

Students may register from 8 a.m. to 7:30 p.m. Mondays through Thursdays, and 8 a.m. to 5:30 p.m., Fridays, at any of the college's three campuses: Belleville, 2500 Carlyle Ave.; Granite City, 4650 Maryville Road; and Red Bud, 500 W. South Fourth St.

Tuition is \$44.50 per credit hour. Some courses may have additional lab fees.

Fall courses include:

Word Processing/Microsoft Word '97 — 6:50 to 9:50 p.m. Wednesdays from Sept. 1-29. One credit hour.

Advanced Word Processing/Microsoft Word '97 — 7 to 9:50 p.m. Wednesdays, Oct. 6 to Dec. 15. Two credit hours.

Introduction to the PC — 6:50 to 9:50 p.m. Thursdays, Sept. 2 to 30. One credit hour.

Operating Systems/Windows '95 — 6:50 to 9:50 p.m. Mondays, Aug. 30 to Oct. 4. One credit hour.

Electronic Spreadsheet/Excel '97 — 6:50 to 9:50 p.m. Tuesdays, Aug. 31 to Sept. 28. One credit hour.

Advanced Electronic Spreadsheet/Excel '97 — 7 to 9:50 p.m. Tuesdays, from Oct. 5 to Dec. 14. Two credit hours.

Advanced Operating Systems/Windows — 6:35 to 9:50 p.m. Mondays, Oct. 18 to Dec. 13. Two credit hours.

Introduction to the Internet — 6:20 to 9:50 p.m. Thursdays, Oct. 7 to Oct. 28. One credit hour.

Computer Literacy (Pass/Fail) — 6:50 to 9:50 p.m. Thursdays, Nov. 4 to Dec. 16. One credit hour.

Foundry/Sandcasting — 7 to 9:50 p.m. Thursdays, Sept. 2 to Dec. 16. Two credit hours.

Foundry/Sandcasting — 7 to 9:50 p.m. Tuesdays, Sept. 7 to Dec. 14. Two credit hours.

credit hours.

Textbooks may be ordered at the Extension Center on the registration date only or at the Belleville and Granite City Campus bookstores.

ASSET or COMPASS, math and English assessment programs, may be required before taking some BAC courses.

Contact John Pearson, BAC/Freeburg Extension Center coordinator, at 538-5533 or call BAC at 1-800-BAC-5131.

For information, dial extension 5393; for ASSET or COMPASS, dial extension 5206; or to register, dial extension 5455.

## Marissa mine to close

Peabody Group has announced that its Marissa Mine in Illinois would close, effective Friday, Oct. 15, following a previously announced switch of coal supplies by the major customer for the mine to low sulfur Wyoming coal supplied by a different Peabody unit.

On Jan. 1, 2000, phase two of the Clean Air Act Amendments goes into effect, limiting the sulfur dioxide emissions from electricity generating plants to 1.2 pounds per million Btu, about half of that allowed in phase one.

Marissa Mine's high sulfur coal does not meet the phase two standard unless it is burned in plants equipped with flue gas desulfurization equipment or scrubbers. Illinois Power has decided that a switch to a half a pound per million Btu coal produced from Wyoming mines is the lowest cost method for the Baldwin and Hennepin plants to comply with the Clean Air Act requirements.

Illinois Power will begin receiving deliveries of about four million tons of low sulfur

coal per year from Wyoming mines in the year 2000.

Peabody Group President and Chief Operating Officer Richard M. Whiting said that Peabody's efforts to seek other sales for Marissa's coal have not been successful so far because of the relatively high sulfur content of Illinois coal and limited access to generating plants equipped with scrubbers.

"We have not given up on efforts to find suitable customers, but realistically, we have nowhere to ship coal from Marissa after Oct. 15," Whiting said. "We deeply regret the significant economic impact and job loss that the mine closing may cause."

Employees affected by the mine closure will be provided several avenues of assistance to ease the transition, said Whiting. "As the nation's largest supplier of low sulfur coal, Peabody is fortunate to have the flexibility to continue to supply Illinois Power's needs."

Located in Randolph County near Marissa, the mine currently employs 400 people.

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1997 Chevy Silverado Reg. Cab	19,995	18,222
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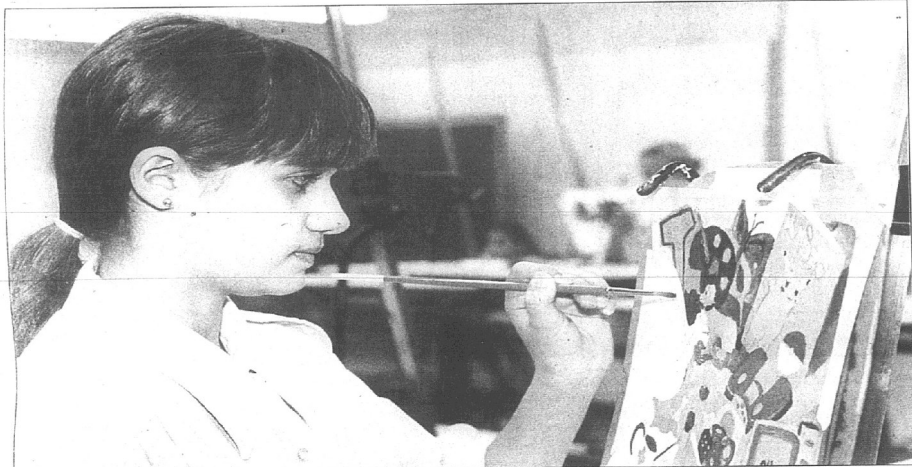


# People

## BAC College for Kids Oil Painting Workshop



Students in a recent College for Kids Oil Painting Workshop at Belleville Area College. Including, from far left, Cory Kelly, 11, of Scott Air Force Base; Nichola Lance, 14, of Granite City; Gwen Page, 10, of Millstadt; and Trissa Matarazzo, 13, of O'Fallon. Students learned a variety of painting skills including color mixing, basic design and creative approach. College for Kids workshops are a summer educational enrichment courses offered for kids from kindergarten through the eighth grade. Workshops are offered at all three BAC campuses.



## Man attends same summer camp for nearly 76 years

He's seven decades their senior, but as Alfred Hare tools around Keewaydin's grounds in his motorized wheelchair, the boys greet him eagerly.

"Hey, Waboo!" they call out. "How's it goin', Waboo?"

Between puffs on his pipe ("It makes me look like a sage," he jokes), Hare returns the greetings. Are they ready to go out on another four-day canoe trip, he asks?

Hare is 84 years old. He first came to the Keewaydin Camp for Boys in the summer of 1923; his mother put the 8-year-old boy on a train from New York to Rutland, Vt., for his first summer at the camp on Lake Dunmore.

"I don't want to go," he said, as his mother pushed him gently through a gate toward the train. But by the time he'd reached Vermont, he'd befriended a fellow passenger and camper. A lifetime of Keewaydin friendships had begun.

He's been back every summer since, "except when I went over to take care of that Hitler fellow." He rose from camper to counselor or "staffman," as they're called

at Keewaydin — to camp director, when he joined with two partners to buy the place in 1946.

Today, he is slowed a bit by arthritis in his hips, but his voice is still firm and clear and slightly patrician. He is universally known around camp as "Waboo." Algonquin for "little white rabbit," a name the small boy with light blond hair acquired as a camper in the 1920s.

The name Keewaydin comes from Longfellow's "Hiawatha," and is said to mean "spirit of the northwest wind." With its rustic, dark-brown buildings, white man's adaptation of American Indian culture and reliance on outdoor adventures simply pursued, the place is a throwback to a time before Nintendo and theme parks and MTV.

Its slogan is "Help the other fellow." Be strong, be self-reliant, so you can lend a hand.

"I think it's amazing the way a good idea can last," said Toby Dougherty, 19, a Middlebury College student and Keewaydin staffman. "We have some guys here

whose fathers came here, and their fathers came here, and their fathers came here. It sets up a legacy that's like a family."

The emphasis is on "tripping." After basic training in canoeing and wilderness skills, the youngest campers, generally 8-10, are taken on four-day canoe and camping trips.

From there the excursions get progressively more adventurous. By the time they're in their midteens, Keewaydin boys often make weeks-long trips into the wilds of northern Quebec.

It's an idea that dates to what is widely credited as America's first summer camp: The Gunners, founded during the Civil War by Frederick Gunn of Connecticut, was built around canoe and hiking excursions to Maine.

Simple things like dividing up the gear to be carried on a canoe portage build cooperation. For some kids, just getting through a tough hike can be a huge step in building confidence.

Keewaydin was started in 1893 in Maine; its current quarters at the northern end of Lake Dunmore in west-central

"He's been back every summer since, "except when I went over to take care of that Hitler fellow." He rose from camper to counselor or "staffman," as they're called at Keewaydin — to camp director, when he joined with two partners to buy the place in 1946.

Vermont were set up in 1910, just 13 years before Waboo's arrived.

Over the years, some campers have gone on to big things — the chairman of the Walt Disney Co., for one.

"Michael Eisner made his debut on that stage," says Russ MacDonald, director of the Waramaug Wigwam, the 10- to 12 age group, gesturing toward the Little Theater, the rustic shelter with the stage at one end.

"I wish I had known his plans," MacDonald added. "I'd have tried to make a deal."

Sen. Jay Rockefeller, D-W.V., was a Keewaydin staffman in his late teens. Author John McPhee, famous for environmental writing, once told an audience at Vassar College that it wasn't Princeton or Cambridge that

had contributed the most to his education, but his summers at Keewaydin.

Keewaydin has adapted to change by staying the same. As the owners grew older and skyrocketed, the camp's leaders looked for a way to guard against a temptation to which many other summer camps have succumbed: to sell to the highest bidder.

In 1990, Hare and his partners sold the property to the newly established Keewaydin Foundation, funded by donations from camp alumni. Waboo, now retired from the camp's day-to-day operations, was the fund-raiser's not-so-secret weapon.

"An absolute turning point

for our camp was that Waboo does a great job staying in touch with people," he said.

"He still writes and sends out 5,000 Christmas cards every year."

The list grows, with each year's new boys. Somehow, they all become Keewaydin campers, as the generations before them.

"The surface is different. The language is different. The clothing is different," MacDonald says. "But when you get them down swimming or in a ballgame, they're pretty much the same."

Waboo concurs: "Their attention spans may not be as keen. But I don't think they've changed a whole lot."

— Associated Press

## Metro East Humane Society Adopt-A-Pet Day set

The Metro East Humane Society (formerly the Madison County Humane Society) will hold an Adopt-A-Pet Day at PetsMart on Route 50 in O'Fallon from noon to 4 p.m. on Saturday, Sept. 4.

Puppies, kittens, declawed cats and numerous purebreds are available.

Dog adoption fees are \$60 and include a rabies vaccination, DHLPP vaccination, a leash, a collar,

identification tag and worming. Cat adoption fees are \$45 and include an FVRCP injection, a collar, identification tag, cat carrier and worming.

For more information on the numerous homeless animals

available, call the Metro East Humane Society at 656-4405.

The Metro East Humane Society is located at 8495 State Route 143 outside of Edwardsville, and is open seven days a week.

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# Traveling beautician sure cure for shut-ins' bad hair days

Rosemary Louderback and her dog, Dusty, welcome a special visitor into their home every Wednesday afternoon. That's when Debbie Money of Lafayette, Ind., stops by to style Louderback's hair and lift her spirits.

"It's a godsend to have somebody come out and do this," Louderback said. "It makes you feel like a human being again."

Money, a licensed cosmetologist who graduated from the Lafayette Beauty

Academy in 1972, has owned and operated her business called In Home Hair Care since 1996. She provides complete hair care services to elderly and disabled clients in their homes or hospitals rooms.

"I'm like a beauty shop on wheels. I just need a body," Money said. "My mother and grandmother live at Farington Apartments and I did their hair and then started doing other people on Saturdays."

**Debbie Money**  
Traveling beautician

"I'm like a beauty shop on wheels. I just need a body," Money said. "My mother and grandmother live at Farington Apartments and I did their hair and then started doing

other people on Saturdays." That's when Money decided to offer her hair care services full-time. She gave up her job at Purdue University after

working 16 years at the Young Graduate House mail office.

Although she works around oxygen tanks, wheelchairs, IVs and hospital beds, Money doesn't let it stop her from shampooing, cutting, coloring and styling hair.

"I do bedridden people," she said.

"I've literally crawled into bed with people to do their hair."

Money sometimes uses special equipment to work with her clients. A shoulder tray allows her to shampoo a client's hair while they sit in a wheelchair. She uses "dry" shampoo to wash a client's hair when they are bedridden.

"It's actually a liquid, but you put it in the hair and towel dry it until it takes all the oil out of the hair," Money said. For Louderback, who uses a walker after having her knees replaced, the appointment includes a shampoo and styling as well as a boost for her self-image.

"I feel like a new person. It makes me feel good," Louderback said. "It makes me feel presentable."

Louderback said Money brings more than hairspray and a blowdryer into her home. As a friend and a familiar face, Money does more than style hair for her elderly homebound clients.

"She's always very friendly. I don't like it when they change the person. I call her and it's always her," Louderback said.

At the Tippecanoe County Senior Center's Homebound Program, director Kathy

Foreman said having services that come into the home is important to seniors who aren't able to leave their homes.

"For many of the elderly and disabled, this is a connection to the community. That's what makes it so positive," Foreman said.

"The more limited they are, the harder it is on them. Any contact makes them feel as though they can be a part of things and live the lifestyle they were accustomed to."

Money also visits nursing homes and hospitals. Every month she travels to Wabash Valley Hospital and cuts adult's and children's hair.

In Home Hair Care has taken Money to Shadeland, Battle Ground and Brookston. Some farther destinations such as Romney carry an extra \$5 charge, but for the most part Money's clients pay the same prices they would if they went to the hair salon.

Two years after starting the business, she now has almost 100 clients.

Despite a difficult start, Money said she is sticking with the business because she knows the demand is increasing.

"I did a lot of crying the first year. It picks up sometimes then gets slow. When you get into a business it takes time to be successful. It's a lot of work," Money said. "I know it's going to be tough, but I'm not going to give up because I know the demand is growing."

— Associated Press

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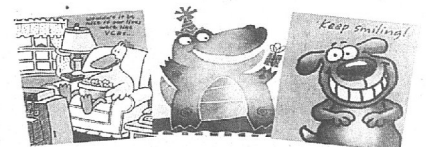
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## News

# Your vehicle's lights are an important safety factor

How often have you had to brake suddenly with another driver right on your tail? Your eyes dart to the rearview mirror, hoping he'll see your brake lights in time.

But what if your brake lights aren't working properly? There's better than a 50/50 chance they're NOT, according to figures from a survey by American Automobile Club of Cleveland.

They found 55 percent of vehicles checked had brake lights that needed some kind of repairs. This was by far the most prevalent mechanical discrepancy found during a Car Care Clinic.

Bob Knop, manager of the Club's Approved Auto Repair Department, which conducts the clinics, says most problems were found with the third brake light, generally because of a burned out bulb.

Our subconscious response to lighting

"We've grown to depend on lighting to signal our intentions," says Jack Oliver, manager for the GE Automotive Lighting Division. "We respond almost subconsciously to fellow motorists' turn signals, brake lights or emergency flashers. It's a form of communication as vital to driving as road signs and center line marking. When they're missing we're unaware of the danger ahead."

Another common lighting problem, according to Oliver, is found on vehicles with four light systems with separate units for high and low beams. Because the high beam lamps are replaced less often the lens is subjected to years of abuse from pebbles and other road debris. Eventually hair-line cracks develop and moisture works its way inside, corroding the reflector. The unit may appear to be working OK but

"We've grown accustomed to depend on lighting to signal our intentions. We respond almost subconsciously to fellow motorists' turn signals, brake lights or emergency flashers."

Jack Oliver  
GE Automotive Lighting Division

It is not putting out as much light as it should.

Lights on for safety "Some day it may be wide spread practice in the U.S., as it is in Canada and Sweden, that the headlights be turned on whenever the car is driven. It's a proven safety measure and already is the law in the U.S. on two-wheeled vehicles where lights automatically turn on with the ignition switch. Obviously, they are more visible to other drivers," says Oliver.

"An Avis traveler safety study showed vehicles with daytime running lights (DRL) had a better accident record than vehicles not so equipped."

But lights are worthless if they are not working. Oliver emphasizes. All exterior lights should be checked periodically, not only for burned out bulbs and flashers but also for poor illumination of headlamps due to damaged reflectors.

The best way to check your system is to have one person turn on the lights, the emergency flashers and turn signals and apply the brakes while someone else walks around the vehicle to see that everything is working.

It's also a good habit during every gas fill up to check for dirt (and ice) on all lenses, front and rear. To help maintain cleanliness you can apply a glass treatment such as RAIN-X to help repel rain, sleet, and snow.

Proper headlight aim is important

At one time or another, most of us have been blinded by the glare of oncoming headlights. You flash your high beams to signal the oncoming driver to dim his lights. He responds by turning on his high beams, indicating it was low beams that had been blinding you. They were aimed too high.

Are you sure your headlights are not blinding others? Here, from G.E., is the recommended way to check headlight aim.

- 1) Put your car on a 35-40 foot stretch of flat or evenly sloped pavement such as a driveway facing a wall or garage door.
- 2) Shine your low beams on the door from 2 to 3 feet away and outline the bright spots on the door with a pencil or tape.
- 3) Back the car to about 25 feet from the door. The top of the low beams should shine no higher than the top of the marks on the door or lower than the center of the marked circle. If your vehicle has four headlights, the center of the high beam (the inner or lower low lights) should align with the top of the low-beam marks. If you have only two headlights, the high beams are automatically aimed when you aim the low beams.

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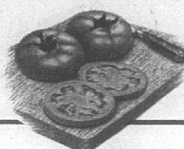
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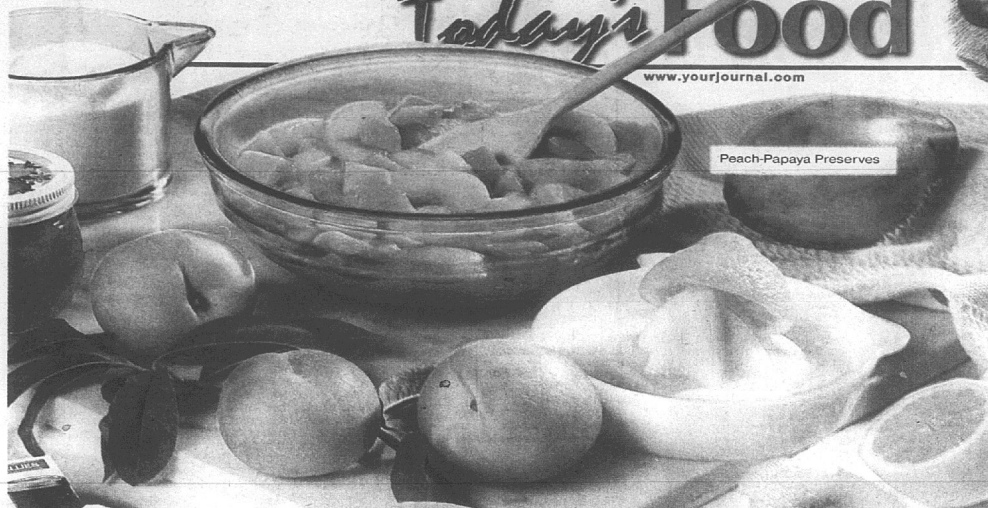
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# Today's Food

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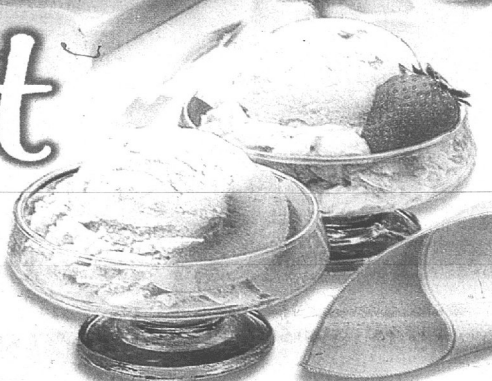


**Wise Ways**  
Nothing matches  
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See Page 2



Peach-Papaya Preserves

# Sweet Swan Song



Anything-Goes Ice Cream

## Leftover treats ready to slice into season finale

By Janice Denham  
Staff writer

The summer-to-do list is more fun than a job jar. On June 1 it extended from nose to elbow. The summer flies by. At the end of August, the remaining items only measure from ear to ear.

Swims, trips, visits, a book to be read, drawers that need straightening, flowers for repotting, what remains to be done? Foods may be left on that list that just don't let summer feel like summer until they have been shared.

A fresh batch of preserves, a fruit pie and homemade ice cream tote along a memory of foods as bright as sunshine.

Anticipating this is delicious to savor, but not as magical as actually lasting them.

Just as it is fun to do things with other people, flavor mergers double the liveliness of single tastes.

For instance, peaches become exotic in homemade preserves made with papaya. Spreads are delicious on toast or muffins, but also top cheesecake to celebrate a birthday or anniversary. Using whole fruit eliminates the task of straining it for jelly.

Stone fruit and berries are a humble combination taking uptown strides. For pie that

See SWAN SONG,  
Inside TODAY'S FOOD Page 2



Upside-Down Peach-Berry Pie

## Orange Dream Pops

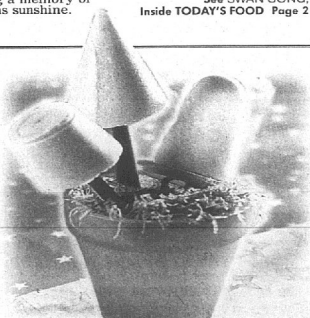
In large bowl, stir together 3 cups orange juice or orange juice blend, 1 can (14 ounces) sweetened condensed (not evaporated) milk and 1/4 cup bottled lemon juice. Pour into paper cups. Cover each cup with aluminum foil.

Using knife, make small hole in foil. Insert wooden stick in each cup through hole. Freeze overnight or until firm.

To serve, remove foil and tear away paper.

**Shapely Pops:** To make cone shapes, use paper cups with pointed bottoms. Set each cup in foam cup or juice glass to keep upright while freezing. For flat-bottomed pops, use small paper cups. Purchased pop molds often are oval-shaped on the bottom.

**Kids' Cuisine**



## Food & Nutrition

### Hearty Bites

Smart eating is easy with convenient food matches, like cut-up vegetables and low-fat dairy products.

INSIDE

### Blue Ribbon Cook

Soup mix flavors winning potatoes.

INSIDE

### Test Run

Light and no-fat slaw dressings save calories.

INSIDE

### Micro Raves

Cauliflower by the head or floret varies meals and snacks.

INSIDE

### Lively Taste

Pack burgers with flavor. Gently but thoroughly combine 1 pound fresh ground chicken or turkey breast, 1/2 cup minced mushrooms, 1 package (1 ounce) ranch salad dressing mix and 1/2 cup plain bread crumbs. Cook on lightly-oiled grill over medium-high heat about 10 minutes until done. Flip over burgers halfway through cooking time. Serve on rolls or buns with favorite condiments.

## Health & Fitness

### Medicine Chest

Too many people are unaware of all the medications they take. Every patient, plus one other person, should know exactly what medications, prescription and nonprescription, are taken regularly. Carry a list at all times, so there is never a question in an emergency.

### Fresh Picks

Try those plentiful peaches on a grill. Boil down 1/2 cup balsamic vinegar until reduced by half. Stir in 2 tablespoons molasses and 1 to 1 1/2 tablespoons freshly cracked pepper. Grill 4 fresh peaches, halved and pitted, cut-side down, about 2 minutes until they are browned. Flip them over. Brush cut side with molasses mixture. Grill another 2 minutes. Remove the peaches from the grill, brush them with remaining glaze and serve whole or sliced. (From Beyond Burgers Barbecue Booklet by Weber-Stephen Products Co.)

### Big Fat Tip

Light sauces dress up grilled food with flair and flavor. Use them with vegetables, chicken or fish. Combine 1/2 cup neufchatel (light cream) cheese or plain yogurt, 1/3 cup seeded and finely chopped cucumber, 1 tablespoon minced onion, 1/4 teaspoon crushed basil and, if desired, a pinch of salt. Refrigerate, if making ahead. For a tangy salsa, mix together 2 tomatoes (finely chopped), 2 tablespoons finely chopped green onion, 1 tablespoon finely chopped cilantro, pepper sauce to taste (start with drops for mild taste buds) and, if desired, a pinch of salt. Flavor is best if chilled before serving.

### Future Shop

Handy containers are as popular as what they hold. Look for applesauce and apple juice in large containers with indented handles, rice and pasta mixes in soft packages that stand on a counter or shelf and individual packages of whatever-you-want-to-eat for lunch. Coming soon are tubes of flavored yogurt that need no spoon and sour cream packaged in a squeeze bottles.

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## Today's Food

## Slimmer slaw cools cabbage

Summer's food designs call for cool and crisp foods, like coleslaw. Its variations are as popular and numerous as the restaurants that serve it. Reliance on pourable salad dressings means

## TEST RUN

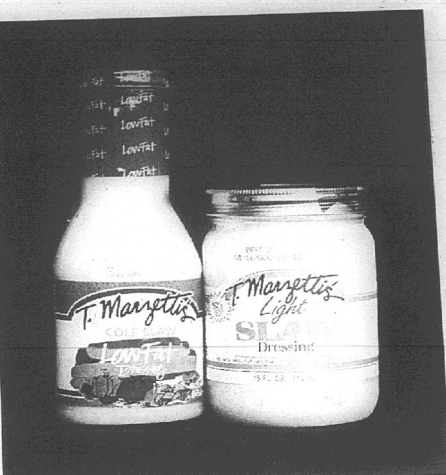
people look for help in lower-fat and nonfat varieties with flavor. T. Marzetti's comes to the rescue with reduced or no fat.

Tasters found the low-fat products had a "zingier" taste than their full-fat counterparts.

"I think both (the low-fat and light varieties) would be a great complement to a summer barbecue or sandwiches on a Sunday afternoon. They are yummy," a tester said.

Another called them "very good." A third categorized them as "a cross between a creamy dressing and a sweet-sour type."

Two tablespoons low-fat coleslaw dressing had 60 calories and 1.5 grams fat, while the light slaw dressing, found in the produce section of the supermarket, had 100 calories and 7 grams fat, half the amount of fat in its regular dressing. Each 12- or 15-ounce bottle cost \$2.98 at Shop 'n



Lighten up that slaw with specially-designed dressings.

Save. The creaminess and tang of the low-fat one was closer to what one tester

makes at home, so she liked it better. Another taster echoed the sentiment.

"It seems to leave less tang and a creamier feel in the mouth, in spite of being the one with lower fat. I have tried the fat-free at home and it had a more pronounced vinegar flavor than either of these," she said.

She liked the tang, but her husband, who prefers salad dressing mild and creamy, found it had too much "bite."

"I would add a sprinkle of celery seed and many people would ask if I had made it," she said. "But you have to like tangy coleslaw to appreciate it—and I do."

Another taster thought the slaws seemed tangy, rather than "light."

"I couldn't tell that they were intended to be low in fat. They were both tasty," he said.

Using the lower-fat varieties appealed to another taster.

"People usually use too much salad dressing, particularly on coleslaw, and the moisture that accumulates while the flavor draws through add to that expectation. We love slaw at our house and I'm always trying to find a way to please tastes like that that creaminess, yet not indulge in gobs of calories and fat," she said.

## Swan Song

Continued from page 1

bakes with crust only on top, strip pastry made with wheat germ on top. Honey adds a touch of sweetness to both the fruits and the crust. A scoop of frozen yogurt or ice cream or top makes it a heavenly event.

Wheat germ gives a tinge of extra fiber and flavor to other baked goods, too. Just substitute up to 1/2 cup wheat germ for flour in a favorite biscuit or shortcake recipe. After topping the baked good with honey-sweetened fruit, frozen yogurt or ice cream, sprinkle with a little more wheat germ.

Berries do not ripen after being picked, but peaches, nectarines and plums do. Just leave them at room temperature in a location where air can circulate among them. A bowl or paper bag works well. The gas they produce encourages further ripening.

For another quick fruit match-up, spoon a mixture of honey and light sour cream over fresh blueberries and strawberries and sprinkle the top with wheat germ for a bit of crunch.

Homemade ice cream often is a once-a-year project, so it can vary with fruits available. Using a basic recipe, Anything Goes Ice Cream can be made with or without an ice cream maker.

For further recipes using ingredients that end summer on a sweet note, look for the following:

\* A free brochure that features ways to use wheat germ in healthy ways is available by sending name and address to: Healthy Eating with Wheat Germ, P.O. Box 487, Department ROP, Chicago, Ill. 60690-0487.

\* Alltrista mans a toll-free 1-800-240-3340 for calls about home canning, freezing and dehydrating and recipes. More information about food preservation is available from local University Extension services as well.

\* A low-fat cookbook, "Sweetened Naturally with Honey," can be ordered with a check or money order for \$2.95. Send it to: National Honey Board, Department ROP, P.O. Box 125, Wisconsin Rapids, Wis. 54985.

\* For hot-weather recipes, look on the web sites, [www.eaglebrand.com](http://www.eaglebrand.com) and [www.realemon.net](http://www.realemon.net).

## UPSIDE-DOWN PEACH-BERRY PIE

1-1/4 cups flour  
1/3 cup wheat germ, any flavor  
1 tsp. freshly grated lemon peel  
1/2 cup (1 stick) butter, chilled, cut in 10 pieces  
3 tsp. plus 1/3 cup honey  
1 egg  
4 cups peeled, sliced, ripe peaches or nectarines  
2 cups blueberries, raspberries or any combination  
2 tsp. fresh lemon juice  
1 tsp. cornstarch

In large bowl, combine flour, wheat germ and lemon peel. Cut in butter, using two knives, until mixture becomes coarse crumbs.

In small bowl, beat 3 tablespoons honey with egg. Add all at once, to dry ingredients. Stir with fork until dough just starts to hold together.

Gather dough into ball. Place on waxed paper or plastic wrap. Flatten to 3/4-inch-thick disk. Wrap tightly. Chill at least 1

hour, or overnight. Preheat oven to 400 degrees.

In large bowl, combine peaches and berries. In small bowl, combine 1/3 cup honey, lemon juice and cornstarch. Mix well. Add to fruit. Stir gently until fruit is evenly coated. Spoon into 11-by-7-inch baking dish.

On sheet of lightly floured waxed paper, roll pastry into 11-by-7-inch rectangle. Cut 6 to 8 slits in rectangle. Invert onto baking dish and peel off paper.

Bake in preheated oven 25 to 30 minutes until fruit is bubbly and pastry is golden brown. If pastry begins to brown too quickly, cover loosely with aluminum foil.

Serve warm or at room temperature. Makes 8 servings; 330 calories, 13 g fat, 60 mg cholesterol, 51 g carbohydrate, 5 g protein, 130 mg sodium and 4 g dietary fiber each.

## PEACH-PAPAYA PRESERVES

3-1/2 cups (about 1-1/2 lb.) thinly sliced, pitted, peeled peaches  
2 cups (1-1/2 lb.) seeded, peeled, cubed (3/4 inch) papaya  
1/4 cup lemon juice  
1/4 cup water  
1 (6 inch) vanilla bean  
1 pkg. pectin  
5 cups sugar

Prepare home canning jars and lids according to manufacturer's directions.

In large saucepan, combine peaches, papaya, lemon juice, water and vanilla bean. Simmer 10 to 15 minutes, stirring occasionally. Stir in pectin. Bring to boil over high heat, stirring constantly.

Add sugar, stirring until dissolved. Return to rolling boil. Boil hard 1 minute, stirring constantly.

Remove from heat. Discard vanilla bean. Skim foam, if necessary.

Ladle hot preserves into hot jars, leaving 1/4 inch head space. Wipe jar rims. Screw down band evenly and firmly just until point of resistance is met to be fingertip-tight.

Process 10 minutes in boiling-water canner. Yields about six (8-ounce) jars.

## FRESH FRUIT ICE CREAM

3 cups (1-1/2 pt.) half-and-half  
1 can (14 oz.) sweetened condensed (not evaporated) milk  
1 cup pureed or mashed fresh fruit, such as peaches, strawberries, banana, raspberries, etc.  
1 tsp. vanilla  
Food coloring, if desired

In 2-quart ice cream freezer, combine half-and-half, condensed milk, fruit, vanilla and food coloring. Mix well. Freeze according to manufacturer's directions. Freeze 10 hours.

Vanilla ice cream: Omit fruit and food coloring. Increase half-and-half to 4 cups.

Refrigerator-freezer method: Omit half-and-half. In large bowl, combine condensed milk and vanilla. Stir in fruit and food coloring. Fold in 2 cups (1 pint) whipping cream, whipped (do not use frozen whipped topping). Pour into 8-by-5-inch loaf pan or 2-quart container. Freeze, covered, 6 hours or until firm.

Makes about 1-1/2 quarts.

## Bite into tomato, let tasty juice run

By Cynthia Fauser  
Correspondent

Responding to seasonal yields of plentiful rocks and weeds, my vegetable garden now is streamlined. In order to keep a half-dozen tomato

## WISE WAYS

plants safe, I defend them from critters and nasty green hornworms that strip the vines.

The results are worth all the trouble. Happiness is picking a ripe, sun-warmed tomato from the vine, sprinkling it with salt and savoring its incomparable flavor.

On the health ledger, tomatoes are guilt-free enjoyment.

A medium tomato contains only 30 calories and supplies plenty of vitamins A and C, B-complex vitamins, iron and potassium. Tomatoes also are loaded with lycopene (LY-co-pene), which gives them their red color.

Lycopene also is a phytochemical with potential health benefits. Researchers have taken note of lycopene for its potent antioxidant properties.

Antioxidants appear to neutralize free radicals, harmful by-products of cell metabolism that contribute to cancer and cardiovascular disease.

For example, a 5-year study of 48,000 men found those who ate 10

servings per week of cooked tomato products had one-third the risk of prostate cancer than men eating less than two servings per week.

Cooking tomatoes makes lycopene easier for the body to use. It breaks up the cell walls of the tomato and releases the lycopene. In fact, tomato sauce has five times the available lycopene as fresh tomato.

How much is enough? No one knows for sure.

Many studies suggest aiming for seven to 10 servings a week. A serving is 1/2 cup tomato sauce, 1 tomato or 1 slice pizza. With juice, pasta sauce, canned tomato soup, salsa and salad as options, it is not hard to include plenty of tomato in a varied diet.

"Red" foods — like tomatoes, watermelon and pink grapefruit — package lycopene's health benefits much more beneficially than supplements. That lovely, colorful skin protects a world of other "good-for-you" properties that are only part of today's scientific agenda for discovery.

Besides, supplements don't hold a gold medal for taste that a fresh tomato from my own — or someone else's — back yard earns. Make a cool no-cook soup, gazpacho, with them.

Registered dietician Cynthia Fauser is nutrition specialist with

University Extension (University of Missouri system) in St. Louis County.

## GAZPACHO

2 large tomatoes, peeled, cored  
1 large cucumber, halved  
1 green bell pepper, halved, seeded  
1 medium onion, peeled, halved  
3 cups tomato juice  
1/3 cup red wine vinegar  
1 tbsp. oil  
1/4 tsp. pepper sauce  
1/4 tsp. salt  
1/8 tsp. pepper  
3 or 4 cloves garlic, minced

In blender or food processor, puree half the cucumber, 1 tomato, half the green pepper, half the onion and 1 cup tomato juice. Pour into large bowl. Add remaining tomato juice, vinegar, oil, pepper sauce, salt, pepper and garlic. Refrigerate, covered, at least 2 hours.

Chop remaining cucumber, green pepper and onion. Refrigerate, covered, until serving time.

Just before serving, stir chopped vegetables into puree. Serve chilled.

Makes about 6 servings; 75 calories, 2 g protein, 13 g carbohydrate, 3 g fat, 535 mg sodium and 83 percent U.S. recommended daily allowance of vitamin C each.

## Cauliflower brings heads-up usefulness

By Sandra Hounsom  
Correspondent

Relatively easy to grow, snow-white cauliflower takes less care than tomatoes. It has plentiful vitamin C. It

## MICRO-RAVES

is equally delicious cooked or marinated and served raw as an appetizer.

Unlike tomato plants, which yield many fruits, the cauliflower plant only yields one head per plant.

Although it is available in the supermarket year-round, its peak season begins now and runs through November.

Select a heavy, compact head with bright green leaves. Sprinkle the leaves with water, cover it tightly and it can be stored up to one week in the vegetable crisper of a refrigerator.

Steaming vegetables in a microwave oven always is preferable to a stovetop for thorough cooking in little time, letting the vegetable's bright and crisp characteristics remain. For faster cooking, cut or break pieces of cauliflower into uniform sizes.

For a 1-pound head, remove outer heavy leaves, cut the head in pieces and place them in a 3-quart casserole with 2 tablespoons water. Microwave, covered, on high power 4-1/2 to 7 minutes until fork-tender.

For a dramatic presentation for a special occasion, leave the head whole, removing outer leaves. Turn it over and cut out the core, making a cone shape with a paring knife. Fill the cone with water and immediately invert into a 3-quart casserole. Microwave, covered, 7 to 10 minutes, then drain the head.

Combine 1 can cream of

celery soup with 1/4 cup milk and pour the mixture over the cauliflower. Microwave, covered, 1 minute longer. Remove the top with shredded cheddar cheese. Microwave on high

## CAULIFLOWER-HAM CHOWDER

2 cups diced or sliced cauliflower pieces  
1 can (13-3/4 oz.) chicken broth  
1 cup milk or light cream  
1 can (10-3/4 oz.) cream of potato soup  
1/4 cup cold water  
2 tsp. cornstarch  
1/4 tsp. white pepper  
2 cups finely diced, cooked ham  
Green onion with tops for garnish, if desired

power 1 minute until the cheese melts.

Cauliflower adds new flavor to this ham and potato soup.

Home economist Sandra Hounsom specializes in microwave cooking.

Place cauliflower pieces and broth in 3-quart casserole. Cover. Microwave on high power 3 to 5 minutes until tender. Do not drain.

In medium bowl, combine milk and soup, blending well. Stir cornstarch into water and slowly stir into soup mixture. Stir in cauliflower and broth. Add pepper. Blend.

Microwave on high power 2 to 3 minutes until thick and heated through. Stir in ham. Microwave on high power 1 minute.

Garnish with green onion. Makes 5 to 6 servings.

# Today's Food

## Recipe

### TURKEY AND BEAN SALAD

12 cups bite-size spinach leaves  
12 to 18 oz. cooked turkey or chicken breast, cut in 1/2 inch cubes  
1 can (15 oz.) garbanzo beans, rinsed, drained  
1 can (15 oz.) black-

eyed peas or navy beans, rinsed, drained  
2 cups small broccoli florets  
1 large apple (red delicious), cored, cubed  
1/3 cup dried cranberries or raisins  
1/2 cup walnut pieces  
Apricot-Ginger Dressing  
Salt and pepper to taste

In salad bowl, combine

spinach, turkey, beans, peas, broccoli, apple, cranberries and walnuts. Toss with Apricot-Ginger Dressing. Season with salt and pepper.  
Apricot-Ginger Dressing: Combine 3/4 cup fat-free ranch salad dressing, 1/2 cup apricot preserves or jam, 1 teaspoon Dijon-style mustard and 3/4 teaspoon ground ginger. Refrigerate until ready to use.

## Potato dish prefers no-peek attitude

### MAN-PLEASING POTATOES

About 4 medium red potatoes, peeled and cubed (enough to fill 1-1/2 quart casserole)  
1 onion, thinly sliced  
2 envelopes (about 0.5 oz. each) single-serving soup mix, spring vegetable flavor  
1/3 cup butter or margarine  
Cracked black pepper

Preheat oven to 350 degrees. Grease casserole with small amount of butter. Fill casserole alternately with potato and onion. Sprinkle with pepper. Cut remaining butter in pats and place on top of potatoes. Sprinkle dry soup over potatoes. Do not mix or add water. Bake, covered, in preheated oven 45 minutes. Stir before serving.

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## Recipe

### SHRIMP-STUFFED PEPPERS

3 cloves garlic, split  
2 qt. water  
6 green bell peppers  
2 tbsp. margarine  
2 tsp. flour  
1 can (10 oz.) evaporated skim milk  
2 tbsp. fresh lemon juice  
1/4 cup grated onion  
1/4 cup finely chopped

celery  
1/4 cup mushrooms  
1/4 tsp. black pepper  
Pinch cayenne pepper  
1/4 tsp. garlic powder  
1 tsp. Worcestershire sauce  
1/2 cup grated parmesan cheese  
1 lb. shrimp, boiled, peeled  
1/2 cup cooked rice  
Paprika

Preheat oven to 350 degrees. In large saucepan, bring garlic and water to boil. Cut tops off peppers, scoop out center and cook in boiling water 5 minutes.

In saucepan over low heat, melt margarine. Add flour, stirring 2 to 3 minutes until mixture forms light tan paste. Slowly stir in milk. Stir until sauce thickens.

Add lemon juice, onion, celery, mushrooms, black and cayenne pepper, garlic powder and Worcestershire sauce to sauce. Add half the parmesan cheese. Cook over low heat until blended. Remove from heat. Add shrimp and rice. Mix well.

Fill peppers with mixture. Top with remaining cheese.

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owl, combine  
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### CH-PAPAYA SERVES

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### FRESH FRUIT ICE CREAM

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Vanilla ice cream:  
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Makes about 1-1/2  
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# Today's Food

## Yogurt joins veggies as healthy two-some

By Paul Ott  
Correspondent

### CURRY DIP

1/2 cup plain fat-free yogurt  
1/2 cup fat-free mayonnaise  
1 tsp. prepared mustard  
1 tsp. vinegar  
1 tsp. curry powder  
1 tsp. chili powder  
1 tsp. onion powder

Mix together yogurt, mayonnaise, mustard, vinegar, curry powder, chili powder and onion powder well. Refrigerate at least 1 hour.  
Makes about 1 cup dip; about 30 calories, no fat or cholesterol, 200 mg sodium and 50 mg calcium per 1/4-cup serving.

It is a shame health often is seriously impaired before a person realizes how important it is to eat wisely. After all, controlling blood pressure and cholesterol does help prevent heart disease.

A decision to eat well should be made before, not just after, a heart attack or stroke. A lengthy time of poor eating habits contributes damage to the body to set the stage set for disaster.

The good news is it never is too late to make changes for the positive.

A diet with less sodium, fat and saturated fat — and more potassium, magnesium, calcium and fiber — helps lower both blood pressure and cholesterol. This decreases the risk of heart disease and stroke.

Calcium is most abundant in dairy products, but these foods may be high in fat and saturated fat. Luckily, most are available in low-fat varieties.

Fruits and vegetables — sources of potassium, magnesium and fiber — also are extremely low in fat and sodium. Like all plants, they contain no cholesterol.

A baked potato with plain yogurt, rather than high-fat sour cream, is an excellent choice for a vegetable side dish. Those flaky baked potatoes, loaded with potassium, have been blamed for high fat and calories, but it is actually the topping of butter or sour cream that is the oppressive cargo.

Registered dietitian Paul Ott is a member of the nutrition committee of the American Heart Association, Greater St. Louis.

### CURRIED CHICKEN SALAD

3-1/3 cups water  
1-1/2 cups uncooked rice  
2 cups diced cooked chicken  
1 cup sliced celery  
1 cup seedless grapes, halved  
1 medium red or green bell pepper, cut in

short, thin strips  
4 green onions with tops, thinly sliced  
3/4 cup reduced-calorie mayonnaise  
1-1/2 tsp. soy sauce  
1 tsp. curry powder  
2 tsp. lemon juice  
1 tsp. salt, if desired

Bring water to boil in medium saucepan. Stir in rice. Cover tightly. Simmer 20 minutes. Remove

from heat. Let stand, covered, about 5 minutes, until all water is absorbed. Transfer to large bowl and cool to room temperature.

Add chicken, celery, grapes, red pepper and green onion to rice. Mix well.

Combine mayonnaise, soy sauce, curry powder, lemon juice and salt. Stir into rice mixture. Cover.

## Recipe

### PEACHY PIE

1 pkg. (4 servings) apricot gelatin  
1 cup boiling water  
1/4 cup apricot preserves  
1 pkg. (8 oz.) cream cheese, softened  
3 tsp. sugar  
1 tsp. milk  
1/2 tsp. vanilla  
1/8 tsp. nutmeg  
3 medium peaches, peeled, pitted, thinly sliced (3 cups)  
1/4 cup sugar  
1 baked (9 inch) pastry shell, cooled  
Whipped cream

Dissolve gelatin in boiling water. Cool slightly. Stir in preserves. Chill until partially set.

In small bowl, combine cheese, sugar, milk, vanilla and nutmeg. Toss peaches with remaining 1/4 cup sugar and nutmeg. Spread cheese mixture

in bottom of pastry shell. Arrange peaches on top. Spoon partially-set gelatin mixture over peaches. Cover. Refrigerate at least 4 hours.

At serving time, spread top with whipped cream. Makes 8 to 10 servings.

## Fall Lawn Care

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The holiday also signals the end of our lawn care program.

Along about now or next week, your lawn could stand a feeding of Frank's Fall Lawn Food or Weed & Feed. Which one? Depends on what your lawn looks like. If it's relatively weed free, go with the Fall Lawn Food. It will provide your lawn with all it needs to store up energy for the upcoming winter.

If there's an abundance of weeds in your lawn, hold off on the Lawn Food for a while. Instead, give the lawn Weed & Feed. In about two or three weeks, apply the Fall Lawn Food.

There's a good chance those weeds in the lawn are dandelions. Although there may be no yellow blooms, they're still there. Now's the time to get rid of them.

Dandelions are storing up energy for the winter, and they'll absorb the weed killer better, which is why now is the best time.

In a few weeks or so, around Columbus Day, you can apply step 4, Fall Lawn Food.

Make your lawn happier now, and you'll have a happier Labor Day spending it doing what you like.

**Mushrooms**  
Have you ever noticed mushrooms peeking up from the lawn now and then, especially after a rainfall? Ever wonder why and what you can do about them?

The mushroom is the above-ground fruiting or reproductive structure of a fungus that lives on and helps to decay organic matter found in the soil, usually wood. There could

be any number of things buried in your lawn, from partially rotted roots to pieces of lumber left over from when the house was built. But don't place too much blame on the builder. It's next to impossible to build a house and keep track of every little scrap of wood. Something's bound to get buried.

Good news and bad news. Most mushrooms won't do any damage to your lawn. Now for the bad news. There's nothing you can do to get rid of them. Well, almost nothing. You could dig up your entire lawn and search for anything buried, but that's a little excessive and expensive for a few harmless mushrooms. The only practical solution is to wait until everything down there completely rots. It may take years, but that's the way it is.

You can, however, prevent future mushroom infestations by exercising care when working on outdoor building projects. Pick up as many scrap pieces of wood as you can when finished. The more pieces that get buried, the more chances for mushrooms.

Never, under any circumstances, eat the mushrooms, since many of them may be poisonous. Of course many aren't, but if you aren't familiar with them and can't tell the difference, eating one is a risky situation. It's best to visit the local market for those T-bone toppers.

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Watch Sunday's Journal for more tips from the experts at Frank's!

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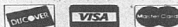
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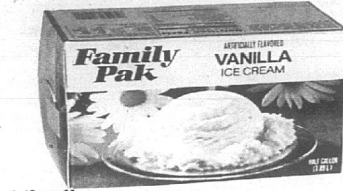
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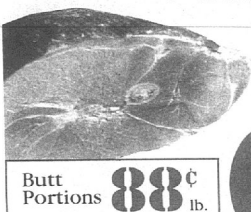
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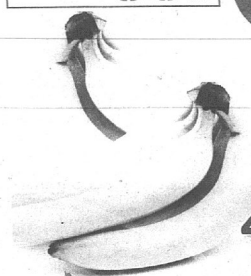
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1 Tyson <b>Boneless Chicken Breast</b> <b>1.98</b>	16 oz. pkg. Assorted Varieties Except Beef <b>Oscar Mayer Wieners</b> <b>2/\$3</b>	3 lb. Assorted Varieties <b>Shedd's Country Crock Spread</b> <b>1.69</b>	24 oz. <b>Bunny Sandwich Bread</b> <b>1.09</b>	24 Pack 12 oz. Cans <b>Pepsi</b> <b>4.88</b>
1 lb. <b>Meaty Family Pack Spare Ribs</b> <b>1.38</b>	16 oz. pkg. <b>Oscar Mayer Bologna, Salami or Luncheon Loaf</b> <b>2/\$3</b>	28 oz. Squeeze <b>Best Choice Ketchup</b> <b>88¢</b>	11 oz. Assorted Varieties <b>Guy's Krunchers</b> <b>1.69</b>	12 Pack 12 oz. Cans <b>Coca-Cola</b> <b>2.39</b>
1 lb. <b>Family Pack Catfish Nuggets</b> <b>1.68</b>	16 oz. roll Assorted Varieties <b>Farmland Sausage</b> <b>1.88</b>	24 to 48 ct. <b>Lipton Cold Brew Tea</b> <b>2/\$4</b>	16 to 18 oz. Assorted Varieties <b>Best Choice Cookies</b> <b>1.79</b>	12 Pack 12 oz. Cans <b>Nesbitt's Honey Lemonade</b> <b>2/\$5</b>

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tom of pastry shell.  
ge peaches on top.  
partially-set gelatin  
re over peaches.  
Refrigerate at least  
78.  
serving time, spread  
ith whipped cream.  
akes 8 to 10 servings.

Care  
s at  
**K'S**  
RAFTS  
Begin

y number of things  
and beneath your lawn,  
partially rotted roots  
ces of lumber left  
from when the house  
uilt. But don't place  
uch blame on the  
er. It's next to  
ssible to build a house  
eep track of every  
scrap of wood.  
thing's bound to get  
d.

od news and bad news.  
mushrooms won't do  
damage to your lawn,  
for the bad news.  
e's nothing you can do  
rid of them. Well,  
st nothing. You could  
p your entire lawn and  
ch for anything buried,  
hat's a little excessive  
expensive for a few  
less mushrooms. The  
practical solution is to  
until everything down  
e completely rots. It  
take years, but that's  
y is.

u can, however,  
your future mushroom  
stations by exercising  
when working on  
door building projects.  
up as many scrap  
ces of wood as you can  
en finished. The more  
ces that get buried, the  
re chances for  
mushrooms.

ever, under any  
umstances, eat the  
mushrooms, since many of  
m may be poisonous. Of  
arse many aren't, but if  
aren't familiar with  
m and can't tell the  
erence, eating one is a  
y situation. It's best to  
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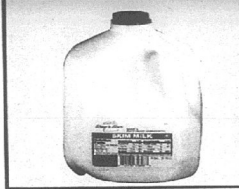
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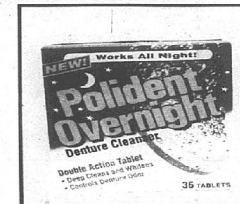


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# Automotive

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## Driving enthusiasts will enjoy Lincoln LS

By Tom Strongman

The Euro-inspired LS is the opposite of what you expect a Lincoln to be, and that was never more evident than during my recent weeklong test drive. Earlier in the spring I spent the better part of a day sampling a variety of these new Lincolns at the press launch in California, but living with one day-to-day clarifies a car's qualities and magnifies its faults. Even though the car driven for this review was a pre-production model from Lincoln's press fleet, it did not appear to differ in any quantitative way from production models.

Roughly the size of a BMW 5-series or Lexus GS 300, the front-engine, rear-wheel-drive LS rides on a 114.5-inch wheelbase and comes either with a 2.0-liter Duratec V-6 or a 3.9-liter DOHC V-8. The engines put out 210 and 252 horsepower respectively. For driving enthusiasts, the V-8 is available with a five-speed manual transmission. A sport package of 17-inch wheels, harder brake pads, quicker steering and high-performance tires is standard with the V-6 manual option (\$1,000) on the other models.

Prices start at \$31,450 for the V-6 with a five-speed, \$52,250 for the V-8 with an automatic and \$53,225

for the V-8 and automatic transmission. Even loaded with options such as the AdvanceTrac stability enhancement system, sport package and SelectShift transmission, the maximum price hovers around \$40,000, which is quite competitive with BMW, Lexus, Audi and Mercedes-Benz.

This car is evidence of a younger, hipper spirit at Lincoln, a company searching for new customers whose median age is well below that of Town Car buyers. Lean and taut, more BMW than Town Car, this newest addition to Lincoln's lineup blends European road-holding with understated luxury, creating a four-door sedan that charts a new direction for the company heretofore known more for its full-size cruisers than slim traffic darts.

Under the conservatively tailored skin, about 40 to 45 percent of the parts are shared with the new S-Type Jaguar (also owned by Ford). Both the V-6 and V-8 are similar to the Jag's engines but have less horsepower. The LS's character emerges quickly. It only takes a handful of miles to see just how effectively road noise has been eliminated, and fewer still for your body to appreciate the contour-hugging fit of the seats. This car fits like your favorite pair of jeans, and would

be just as comfortable on a cross-country journey.

Attention to detail is one reason the LS is such a good road car. The fully independent, wishbone-style suspension uses anti-dive geometry to keep the car sitting flatter under braking and acceleration, and the four-wheel disc brakes are vented so they remain effective under heavy use.

Aluminum is used extensively to keep weight down, and the battery is located in the trunk for better weight distribution and enhanced longevity. The two-piece driveshaft has a center bearing to reduce high-speed vibration.

Many of the young engineers who worked on the LS cut their corporate teeth working with Ford's racing programs. This experience, as well as their desire to build a sedan with world-class dynamics, shows up when you tackle a twisting road or a freeway exit ramp. The LS is precise, balanced and confident.

The test car was equipped with the all-aluminum V-8 and automatic transmission. This combination is not exceptionally fast, but it is extremely smooth. The V-8's excellent mid-range power makes it ideal for the new five-speed automatic transmission. Those who want an automatic with the manual-shift option can choose

SelectShift. Our test car was not so equipped.

The interior is unadorned and simple, almost to the point of being plain. It is highly functional, which is what counts for cars in this class. Gauges are easy to read, and all secondary switches are grouped together and use wide, flat buttons for easy operation. The seats have linear stitching for less interference, and wood trim is used sparingly.

Front and side air bags are standard. Back-seat legroom is not quite as generous as I expected in a car with a longish 114.5-inch wheelbase, but it is certainly adequate. The success of the LS is dependent on Lincoln's ability to attract new, younger customers. If June sales are any indication (they were the best for Lincoln since December 1990), the LS is off to a running start.

Because the test car was a pre-production unit it did not have an exact price sticker, but the V-8's base price is \$35,225. Adding AdvanceTrac, the convenience package and Audiophile stereo would bring the sticker price to \$37,365.

The warranty is for four years or 50,000 miles.

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**BEST SELECTION AND LOWEST PRICES • AREA'S BEST SELECTION**



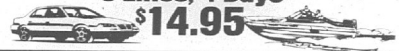
# Classified

Suburban Journals Classified on-line, [www.yourjournal.com](http://www.yourjournal.com)

## THE FAST LANE DEAL!

3 Lines, 4 Days

**\$14.95**



### PLACE YOUR CLASSIFIED AD

Monday - Thursday 8am - 5pm

Phone/fax, mail or bring your ad to any of the offices listed below.

#### OFFICE LOCATIONS

**Belleville** 219 N. Illinois, Belleville, IL 62222  
277-7000 • FAX 277-7018  
**Collinsville** 1113 E. Clay, Collinsville, IL 62234  
344-0264 • FAX 344-3611  
**Granite City** 1815 Delmar, Granite City, IL 62040  
777-7700 • FAX 876-4240  
**Monroe** 112 W. Locust, Columbia, IL 63326  
281-7691 • FAX 281-7693  
**Waterloo** 122 N. Main, Waterloo, IL 62298  
535-3467 • FAX 281-7693

Monday - Thursday 5pm - 8:30pm, Saturday 9am - 1:30pm  
Call **1-800-766-FAST (3278)**

#### MAIL

Classified, Suburban Journals,  
1714 Deer Tracks Trail, St. Louis, MO 63131



You will be billed upon expiration. You may pay in person, via mail or phone. We accept cash, checks and credit cards. Please do not send cash through the mail. Some ads require prepayment.

#### DEADLINES

To place, change or cancel your ad.

Publication	Publication Day	Deadline
St. Louis City/County	Wednesday	Monday, 6 p.m.
	Thursday	Friday, 6 p.m.
North Side	Thursday	Tuesday, Noon
Jefferson Co.	Monday	Monday, 6 p.m.
	Friday	Friday, 6 p.m.
Tri-County	Wednesday	Monday, 3 p.m.
St. Charles Co.	Wednesday	Monday, 6 p.m.
	Friday	Wednesday, 5 p.m.
Warrenton News	Sunday	Friday, 6 p.m.
Illinois Combination	Wednesday	Monday, Noon
Call For Individual	Paper Deadlines	

### PRIVATE PARTY RATES

### MERCHANDISE

## SELL IT FAST!

Items under \$200

**3 Lines, 3 Days FREE**

Items \$200 and over

**3 Lines, 3 Days \$14.95**

**3 Lines, 6 Days \$18.75**

**3 Lines, 9 Days \$21.00**

### TRANSPORTATION

### The Fast Lane Deal!

**3 Lines, 4 Days \$14.95**

Zoned Merchandise and full-coverage Transportation Rates are limited to 6 ads per household, private-party items for sale in the Merchandise (excluding garage sales) and Transportation Categories only. No refunds or rebates for early cancellations in Sell-It-Fast Deals. Each additional line \$5.00.

### JOURNAL CLASSIFIEDS PLUS

Southern Illinois has a great weekly classified tab, filled with the best classified ads taken fresh from the pages of the Suburban Journals from all across the greater St. Louis region. 16,000 copies are published every Friday. Pickup a copy at your local convenience store, gas station, supermarket or other high-traffic location today!



### CLASSIFIED INDEX

2 - 200 TRANSPORTATION  
220 - 390 EMPLOYMENT  
400 - 510 NOTICES  
741 - 1695 SERVICES  
1710 - 2030 MERCHANDISE  
2100 - 2545 REAL ESTATE  
2600 - 2715 RENTALS

### YOUR JOURNAL ONLINE

Place your ad or search our current classified ads online at [www.yourjournal.com](http://www.yourjournal.com). Updated twice weekly, your Journal Online features news, information, classifieds and personals.

### PUBLICATION POLICY

To ensure the best response to your ad, take time to be sure your ad is correct the first time it appears. If you see an error, please call us immediately to have it changed. The publishers are responsible for one incorrect day only, and liability shall not exceed the portion of the space occupied by the error and is limited to the actual cost of the first insertion. The publishers reserve the right to edit or reject any copy submitted for publication. Only standard abbreviations are accepted. We reserve the right to classify and index any advertising based on the policies of these newspapers. The publishers shall not be liable for any advertisement omitted for any reason. Ad position is not guaranteed. All ads are subject to credit approval. Rates are based on consecutive insertion. For information about contract rates, contact an advertising sales representative. Cancellations: To cancel an ad call 344-0264. Ask for your cancellation number. This number will serve as your record of cancellation. You must call before deadline to cancel an ad.  
**NOTICE TO READERS:** Before responding to any advertisement requesting that money be sent or invested, you may wish to investigate the company and offering. The publishers cannot assume any responsibility for the validity of the offerings advertised within the Classified pages.

**The FAST LANE Deal!**  
38 Newspapers  
Get in the Fast Lane and sell your Auto, Boat or Motorcycle.

**3 LINES  
4 DAYS  
\$14.95**

Meet Your Match makes finding that special summertime companion quick and easy. Call today and spend less time searching and more time dating.

Place your free ad today! Call 1-800-786-7087



### FREE GARAGE SALE KIT

...when you prepay for your Garage Sale ad.



Kit includes: 2 signs, 2 balloons and 8 inventory sheets. Kits may be picked up at any of our local offices. Ask your sales representative for the location nearest you.

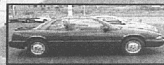
**Suburban Journals**  
The source for St. Louis area garage sales

# ACKERMAN PREOWNED CENTER OF SAVINGS

**I-270 & New Halls Ferry-524-2900-1-800-886-0065**



**90 Jeep Grand Wagoneer**  
4x4, Tan, Wood Grain Siding, PW, PL, Tilt, Cruise, Tan Leather



**95 Regal Grand Sport**  
2 Door, Burgundy, Burgundy Leather, Only 44,000 Miles, Loaded, One of a Kind



**97 S10 Pick-Up**  
5 Speed, Air, Running Boards, Mag Wheels, One of a Kind



**96 Sedan Deville**  
White, Blue Roof Rack, Blue Leather Interior, Loaded, Only 22,000 Miles



**96 GMC Suburban**  
Trailmaster Conversion, White, Grey Leather, PW, PL, Tilt & Cruise, TV, VCR, Rear Air & Heat, Only 48,000 Miles



**97 Chevy Tahoe LT**  
25,000 Miles, Loaded



**93 3/4 Ton 4x2 Suburban**  
454 Engine, Front & Rear Air, Grey & Silver Paint, Grey Leather, Great Tow Vehicle



**96 GMC Jimmy**  
2 Dr, Black, 4x4, PW, PL, Tilt, Cruise, Only 33,000 Miles, Priced To Sell



**96 GMC Safari Mini Van**  
Choo Choo Conversion, White, Grey Leather, TV, VCR, Front & Rear Heat & Air, PW, PL, Tilt & Cruise, Great Vacation Vehicle



**97 GMC Suburban SLT**  
Suburban Conversion, Dark Green, Grey Leather, PW, PL, Tilt & Cruise, TV, VCR, Rear Sharp Truck, Won't Last



**95 Lexus ES300**  
Sunroof, Loaded, Must See



**96 Cadillac Deville**  
Black, Tan Leather, Tan Roof Rack, Top, 99,000 Miles



**94 Ford Nightcap Conversion Van**  
TV/VCR, Dual Air & Heat, Super Sharp Sharp, Won't Last



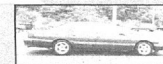
**98 Chevy Silverado 1500**  
White, 17,000 Miles, Explorer Conversion Pickup



**94 Suburban Silverado**  
Red, Red Cloth Interior, 350 Engine, PW, PL, Tilt & Cruise, Dual Air & Heat, Real Sharp Truck, Won't Last



**93 Village LS**  
Maroon & Silver, Grey Leather, PW, PL, Tilt & Cruise, Front & Rear Air & Heat, Only 43,000 Miles



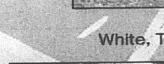
**95 Impala SS**  
Dark Blue Green, Grey Leather, Only 45K, One of a Kind



**92 Dodge Full Size Starquest**  
Conversion Van, ST Series, PW, PL, Tilt & Cruise, TV, VCR, Rear Sharp Van



**94 Ford Nightcap Conversion Van**  
TV/VCR, Dual Air & Heat, Super Sharp Sharp, Won't Last



**98 Chevy Silverado 1500**  
White, 17,000 Miles, Explorer Conversion Pickup



**94 Suburban Silverado**  
Red, Red Cloth Interior, 350 Engine, PW, PL, Tilt & Cruise, Dual Air & Heat, Real Sharp Truck, Won't Last



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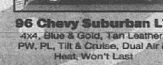
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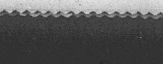
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**FURNITURE**  
We are looking for:  
• knows what is outstanding  
• has an interest in furniture  
• truly believes in the product  
We offer:  
• salary plus bonus  
• 30K+ potential  
• health insurance  
• all of the trappings of a successful business

- full time
- health insurance
- all the training

**EXPERIENCE**  
**SERVICES**

**KETTLE**  
**CALL**  
**TO SCHEDULE**

**Better In-**  
We're the fastest  
American and v  
Restaurants & h  
Survey. We've b  
Satisfaction for

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If you're a high-  
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opportunity to jo  
We offer:

- Medical & life insurance
- Full pay during vacation
- Bonuses for performance (paid every four years)
- Paid Vacation
- Opportunities for advancement

Please fax or mail your resume to:

**11016 Sierra Vista  
63138, FAX: 313-751-1100**

**Equal Opportunity Employer**

**For All  
Who Like  
Here**

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Our 7:00  
better serv  
Try us early  
**(314**  
**(800**



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- Paid Vacat
- Insurance
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- Months o

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Or apply in person:  
3705 B Naumoei Road  
Mon. - Fri. • 9 am - 6 pm

An equal opportunity employer

& Holidays  
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 es at 3.6 and 12  
 service  
 Today!  
 2-0033

  
**APAC**  
 Customer Services  
*People Who Can.*

**4-6 EAST:** Take 40 east to the 11th Street (Market) Station and make a right, turn right onto Broadway. The right on Broadway.

**7 WEST:** Take 40 west to the Memorial Street Station and make a left, take Market Street and make a left. The hotel is on the corner of Market and Broadway.

**8 EAST:** Take 40 east to the Memorial Street Station and make a left, take Market Street and make a left. The hotel is on the corner of Market and Broadway.

**9 NORTH:** Take 50 North to the Downtown Crossing Station and make a left, take Market Street and make a left. The hotel is on the corner of Market and Broadway.

**10 SOUTH:** Take 70 South to the Memorial Street Station and make a left, take Market Street and make a left. The hotel is on the corner of Market and Broadway.

**11 WEST:** Take 70 West to the Memorial Street Station and make a left, take Market Street and make a left. The hotel is on the corner of Market and Broadway.

**Our staff matched you with the best employees. Don't miss it!**

**Companies interested in part-time positions:**

**Information. Receive an early reply**

**Call Tutors: Part-time • Entry Level • Management**

[illegible]



# MEDICAL OPPORTUNITIES

**Activity Assistant**  
Full time position; Rotate weekends, some evenings.  
• Excellent wages  
• Paid holidays  
• Insurance  
• Birthday holiday  
• Personal days  
• Vacation  
Apply in person:  
Elite Healthcare Center  
16002 Manchester Rd.  
Ellisville MO 63011  
Fax 314-331-3831  
equal opportunity employer

**ADMINISTRATOR and DIRECTOR OF NURSING**  
American Healthcare Management, Inc.  
Is a growing, multi-facility, quality long term care provider.  
Experienced, qualified candidates  
Please submit resumes to:  
Via Fax: 836-523-755  
Or: 16330 Edison Avenue  
Chesterfield MO 63017  
equal opportunity employer

**Advanced Nursing Immediate Openings!**  
Private Duty Only  
No Relief Staffing  
CNA's and LPN's  
All Shifts Available  
Work Always Available  
Competitive Salary  
Apply By:  
Tues/Wed/Thurs  
8-11am & 1-3pm  
Please Call  
314-883-3030

**★ ASSISTANT DIRECTOR OF NURSING**  
Fast paced SNF is seeking an A.D.N. with 2 years experience. Excellent starting salary and benefits including medical insurance, stock options, 401k, etc.  
Send resume to:  
#3789, Journals  
1714 Deer Tracks Trail  
St. Louis, MO 63131  
★ ★ ★ ★ ★

**AUTUMN VIEW GARDENS**  
Is looking for **DIETARY PERSONNEL**. Call Anne for details.  
314-548-5225  
Ellisville, MO (15 minutes from Chesterfield Mall).  
equal opportunity employer

**★ BUSINESS IS BOOMING ★**  
**CNA'S NEEDED**  
Up to \$12.50/HR  
Benefits include:  
• Referral Bonus  
• Flexible Scheduling  
• CEU Reimbursement  
• Insurance Benefit  
• 401(k)  
• Direct Deposit  
• Daily Pay  
**ST★RMED Health Personnel, Inc.**  
721-4774 St. Louis  
336-8000 St. Peters

**ST. LUKE'S HOSPITAL**  
has the following position available:  
**TELEMETRY MONITOR TECH**  
Full Time, 8 and 12 hours night shift  
Experience preferred  
For immediate consideration or for more information, call Jayne Kerns (314) 205-6337 or fax resume to (314) 205-6871  
E.O.E.  
Member of Unity Health System

**ST. Sophia Health & Rehabilitation Center**  
is currently seeking dedicated, caring individuals for the following position:  
**RNs/ LPNs/ CMTs/ CNAs**  
**GRADUATE NURSES ARE WELCOME**  
DON'T WORK ANYWHERE UNTIL YOU INQUIRE ABOUT OUR NURSING PAY SCALE  
ALL SHIFTS AVAILABLE  
COMPETITIVE WAGE SCALE  
EXCELLENT BENEFIT PACKAGE INCLUDING 401K  
FLEXIBLE SCHEDULING  
ON SPOT INTERVIEWS

**ST. SOPHIA HEALTH & REHABILITATION CENTER**  
936 CHARBONIER ROAD  
FLORENCE, MO 63031  
(314) 831-4800  
Full and part time positions. 7:30-3:30 shifts. If you are a graduate nurse, we have a great opportunity for you! We offer excellent wages, medical & life insurance, 401k, retirement plan, attendance bonus, paid holidays, etc. We appreciate you and your profession! If you are not a graduate nurse, we would be interested in talking with you, as you are not a part of a large "chain" of nursing homes, you are an individual home where you will become an important "partner" in the management and care of the residents. For the right people, we offer medical/dental/life insurance, bonuses, paid holidays, vacations, etc.  
Cort Manor Nursing Home  
500 Coriander Hill Rd.  
Fenton, MO 63026  
314-332-2282  
equal opportunity employer

**CNA's/HHA's/RN's/LPN's... HOME HEALTH!!**  
Private Duty Home and Health Services looking for additions to its highly skilled and motivated staff dedicated to personal, compassionate care for our patients and clients. Call for an interview or come by:  
Martha's Health Care, Inc.  
135 W. Adams, Ste. 305  
963-4350

**\$800 SIGN ON BONUS**  
Seeking CNA's who want to make a difference.  
• Full time, evenings & night shifts  
• Salary up to \$7.50/hr  
• Paid holidays  
• Health & dental insurance  
• Paid vacation & sick days  
• Located in the heart of the Central West End  
Team players can apply at:  
Bernard Care Center  
4335 West Pine Blvd.  
St. Louis, MO 63108  
314-371-0200, H.R. Dept.  
EOE

**CNA's/HHA's**  
All shifts  
8 hr & 12 hr shifts  
**RESTORATIVE AIDE**  
Exp. preferred, 8 hr shifts  
• CNA Classes Avail.  
• NEW WAGE SCALE!  
• NEW differential pay  
• Even, nights & weekends  
• Attendance bonus  
Apply in person, EOE.  
HIS OF GRAVOIS  
10954 Kennedy Rd.  
St. Louis, MO 63128  
314-882-4242  
EOE

**CNA or NA**  
Full and part time  
7:30-3:30  
Great benefits package after 90 days.  
Apply in person, contact:  
Judy Kierman  
314-548-5225  
Equal opportunity employer

**CNA's**  
Fulltime part time & PRN  
Full time, evenings & night shifts  
• Paid holidays  
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St. Louis, MO 63108  
314-371-0200, H.R. Dept.  
EOE

**LPNs**  
Evenings & Nights  
**CNA's**  
Day shift  
Apply in person:  
Bridgeton Nursing Ctr  
12145 Bridgeton Sq Dr  
Bridgeton MO 63044  
314-296-7444  
EOE

**LPNs**  
Full time, eve & night shifts  
**TREATMENT NURSE**  
Weekends  
**LAUNDRY AIDE**  
Part time, Eve & Nights  
**HOUSEKEEPING**  
Full time, days  
Seeking dedicated employees to join us in providing medical care to our residents. Competitive wages, benefits, tuition reimbursement & more! Apply in person. On the spot interviews.  
CASA DE LAS PAVILLON  
6400 Cedars Court  
Cedar Hill MO 63016  
314-477-1777  
EOE

**LPNs**  
3-11 & 11-7 for 120bed long term care facility in North St. Louis county.  
• Excellent starting pay  
• Fringe benefits  
Apply in person:  
Florisant Nursing Center  
815 Rambo Lane  
Florissant, MO 63021  
equal opportunity employer

**LPN or RN**  
Full TIMEPART TIME  
NIGHTS 12:00PM-7AM  
Apply in person/call for interview, 314-227-5347.  
Mar De Villa  
Retirement Center  
12000 Clayton Rd.  
Town & Country  
equal opportunity employer

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Full TIMEPART TIME  
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# Carpal tunnel syndrome doesn't always mean surgery

The magnitude of the carpal tunnel syndrome problem is awesome. In 1991, 60 percent of all new reported non-traumatic related work injury claims were for carpal tunnel syndrome and the estimated cost was \$52.2 billion.

Carpal tunnel is a condition in which the median nerve is compressed as it passes through the wrist. It gives rise to symptoms that may be difficult to distinguish from those due to a nerve entrapment in the neck. The cause of the pressure cannot always be determined.

Indeed, the nerve, when exposed at surgery, often appears quite normal.

However, there is sometimes a pathological condition which diminishes the available space in the rigid carpal tunnel.

Such conditions may be associated with tendonitis, rheumatoid arthritis, dislocation of the semilunar bone and osteoarthritis, to name just a few. The syndrome occurs most often in middle-aged women, but younger and older women, and also men, may be affected.

The principal complaint is of burning, tingling, numbness and "pins and needles" in the fingers, and sometimes that the fingers feel as if they were swollen. Since only the median nerve is involved, the little finger escapes and many patients are aware of this when they are asked.

There may be pain in the forearm, and even in the arm above the elbow, but it is seldom severe. The symptoms can be constant or intermittent; they are made worse by energetic use of the hand, and they are nearly

Carpal tunnel is a condition in which the median nerve is compressed as it passes through the wrist. It gives rise to symptoms that may be difficult to distinguish from those due to a nerve entrapment in the neck.

always more troublesome at night, often interrupting sleep after a few hours.

On awaking in the morning, the hand is clumsy and difficult to use for some minutes. Movement and rubbing the fingers often gives partial relief.

This syndrome is relatively common, may involve either one or both hands, and is particularly associated with occupations that require repeated forceful wrist flexion such as typing.

Conservative, non-surgical, non-drug treatment is often

successful along with the appropriate rest and wrist support.

Chiropractic management has proven successful in many cases of carpal tunnel syndrome and should be the initial treatment of choice before considering surgery or corticosteroid injections.

## Children's spines need gentle care

Chiropractic treatment for children is appropriate to their size and needs.

Spinal adjustments for children are different from adjustments for adults. A chiropractor places very gentle pressure on the spine of children to correct problems and help allow the spine to develop properly.

As with adults, your child should feel little or no discomfort. Children usually respond quickly to light adjustments and other chiropractic treatment. These might include exercises designed to help your child develop strong muscles, along with instruction in good nutrition, posture and sleeping habits.

At birth, a child's spine is a single curve, shaped like a C; the newborn lacks the strength to hold up his or her head. At about six months, neck muscles develop and help the infant hold up his head. At about nine months, the lower back curves, the muscles in the lumbar area develop and the child learns to crawl and stand. The child now has the strength and balance to walk and run.

Like an adult, the child now has three natural curves in the spine to support the body. As

they learn to walk and run, children fall, and can suffer strains and sprains as a result.

Periodic checks by your doctor of chiropractic can identify such problems, detect developing weaknesses in the child's spine and direct a course of gentle treatment if necessary.

Your doctor of chiropractic will ask you questions about your child's birth and development. Did anything unusual occur during the birth? At what age did your child begin to crawl, stand, walk? Any serious falls or injuries?

An examination will then determine if your child's posture and movements are proper. Reflexes and range of motion will be checked, along with any unusual curvature of the spine which could suggest possible scoliosis. If needed, your doctor of chiropractic will refer your child to another specialist, such as a pediatrician.

How you can help:

- When lifting a baby, always support the back and neck with your hands. Pick up an older child by grasping his body under the arms.
- Use an approved car seat

that supports your child's head and neck.

- Teach your child not to slouch.
- Provide a firm bed.
- Make sure your child has a well-balanced diet.
- Schedule a regular spinal checkup with your doctor of chiropractic.

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